

# AMERICAN GERIATRICS SOCIETY 2026 VIRTUAL ANNUAL SCIENTIFIC MEETING

**THURSDAY, APRIL 30, 2026**

## CONCURRENT SESSIONS

**10:00 – 11:00 AM EASTERN**

### **JAGS EDITOR'S CHOICE: INFLUENTIAL ARTICLES OF THE YEAR**

Track: Clinical Practice CME/CE: 1.0

Moderator: Peter M. Abadir, MD & Joseph Ouslander, MD

This new session will highlight a select group of articles chosen by the editors of the *Journal of the American Geriatrics Society (JAGS)* to represent some of the most exciting science published in JAGS in 2025. The authors of these selected high-impact articles will focus on what is new, why it matters, and how it informs geriatrics practice, policy, or research. Learning Objectives: (1) evaluate emerging evidence to inform clinical decision-making in the care of older adults, including lipid management, blood pressure targets, and dementia care; and (2) incorporate system-level factors (e.g., caregiving, staffing, disparities) into care planning for older adults.

#### **Managing Hypercholesterolemia in Adults Older Than 75 Years Without a History of Atherosclerotic Cardiovascular Disease: An Expert Clinical Consensus from the National Lipid Association and the American Geriatrics Society**

Vera A. Bittner, MD

#### **Latino Caregiver Experiences with Dementia Care and Healthcare Navigation**

Leah V. Estrada, PhD, MA, RN

#### **Individualized Net Benefit of Intensive Blood Pressure Lowering Among Community-Dwelling Older Adults in SPRINT**

Simon B. Ascher, MD, MPH

#### **An Initiative to Address Health Disparities: Calls, Advocacy, and Resources for Older Adults (CARE)**

Morgan Nakatani, MD

#### **American Geriatrics Society Position Statement: Making Medical Treatment Decisions for Unrepresented Older Adults**

Timothy W. Farrell, MD, AGSF

#### **The Efficacy and Safety of Canagliflozin by Frailty Status in Participants of the CANVAS and CREDENCE Trials**

Tu N. Nguyen, MD, PhD, FACC, FESC

#### **Nursing Home Staffing Versus Resident Acuity (Case-Mix Guide)**

Charlene A. Harrington, PhD, RN

#### **Long-Term Exposure to Non-Steroidal Anti-Inflammatory Medication in Relation to Dementia Risk**

M. Arfan Ikram, MD, PhD, MSc

**10:00 – 11:00 AM EASTERN**

**TRANSLATIONAL GEROSCIENCE: FROM BIOLOGY OF AGING TO PRECISION CLINICAL CARE**

Track: Clinical Practice CME/CE: 1.0

Moderator: Luigi L. Ferrucci, MD, PhD

This session will explore the biology of aging and its direct relevance to clinical care, highlighting advances in precision geromedicine, biomarkers, artificial intelligence, and national research priorities. Attendees will gain a translational perspective on how emerging science in aging biology is reshaping prevention, therapeutics, and healthspan-focused care. Learning Objectives: (1) explain key biological mechanisms of aging and their implications for clinical practice and precision geromedicine; (2) evaluate the role of biomarkers in gerotherapeutic trials and their relationship to meaningful clinical outcomes; (3) describe how artificial intelligence is accelerating discovery in aging biology and enabling translational applications; and (4) summarize current national research priorities, including those of the National Institute on Aging, and their implications for future clinical and research directions.

**Biology of Aging: Precision Geromedicine and Clinical Care**

Luigi L. Ferrucci, MD, PhD

**Biomarkers and Clinical Outcomes in Gerotherapeutic Trials**

Stephen B. Kritchevsky, PhD

**Artificial Intelligence in Aging Biology: Accelerating Discovery and Translation**

Nathan Price, PhD

**Current Research Priorities in Aging: Strategic Directions and Future Opportunities**

Viviana Perez Montes, PhD

**10:00 – 11:00 AM EASTERN**

**CPT CODING: BASIC PRINCIPLES AND PRACTICE**

Track: Clinical Practice CME/CE: 1.0

Speaker: Peter Hollmann, MD, AGSF & Rebecca Masutani, MD, MHA

This session will help the attendee become aware of coding that is especially relevant to geriatrics health care professionals. Specific topics that will be addressed include: E/M (office and facility visit codes and Medicare Preventive Medicine codes) and an overview of coding and billing for the geriatrics professional. Learning Objectives: (1) describe basic coding principles; (2) discuss key Medicare payment rules; and (3) interpret how to relate these to practice management.

**10:00 – 11:00 AM EASTERN**

**GERIATRIC EDUCATION MATERIALS AND METHODS SWAP**

Track: Education CME/CE: 1.0

*Sponsored by the Teachers Section and the Education Committee*

Moderator: Mariah Robertson, MD, MPH

This session presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

**Evaluation of an Older Adult Medical School Alumni Mentorship Program for Students to Learn About Aging**

Micayla N. Flores, MD

**Passport to Geriatrics: Supporting Competency-Based Learning**

Kimberly J. Beiting, MD

**Cardiovascular Care in Aging: An Educational Workshop for Medical Students**

Sarah K. Cunningham, BS

**Using Generative AI to Support Resident-Led Senior Center Education: A Pilot Initiative**

Carolyn Chow, MD

**Creation of a Virtual Age-Friendly Curriculum for Community Health Workers**

Adi Shafir, MD

**10:00 – 11:00 AM EASTERN**

**EPIDEMIOLOGY PAPER SESSION**

Track: Research CME/CE: 1.0

*Developed by the Research Committee*

Moderator: Andrew R. Zullo, PharmD, PhD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Impact of Discrepant Kidney Function Estimates on Medication Dosing in Older Adults**

Matthew E. Growdon, MD, MPH

**Wildfire Smoke as a Trigger for Acute Angle-Closure Glaucoma**

Aparna Reddy, BA

**Purpose and Happiness Shape Older Adults' Preferences for Length of Life vs Quality of Life: Findings From a National Study**

Niousha Moini, MD, MPH

**Medication Regimen Complexity and Caregiver Difficulty in Assisting with Medication Management in U.S. Older Adults**

Maryanne Kim, PharmD, MS, PhD

**SECTIONS**

**10:00 – 11:00 AM EASTERN**

**FELLOWS-IN-TRAINING SECTION**

Track: Networking

Co-Chairs: Pavitri Dwivedi, DO & Sahiba Singh, MD

Please join other fellows, faculty members, and leaders in geriatrics at the annual Fellows-in-Training meeting. This event is a unique opportunity to share and discuss ideas, past experiences, and future career plans while networking with colleagues and mentors from across the country.

**10:00 – 11:00 AM EASTERN**

**WOMEN IN GERIATRICS SECTION MEETING**

Track: Networking

Co-Chairs: Lisa N. Miura, MD & Lee A. Jennings, MD, MSHS

This Section is intended for AGS members of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives.

## **10:00 – 11:00 AM EASTERN**

### **PHARMACISTS SECTION**

Track: Networking

Co-Chairs: Megan Carr, PharmD, BCPS, BCGP & Anushka Tandon PharmD, BCPS, BCACP

The Pharmacists Section meeting is an opportunity for pharmacist members of AGS to network, share information about their AGS presentations, and discuss ways to collaborate.

## **10:00 – 11:00 AM EASTERN**

### **SOCIAL WORKERS SECTION**

Track: Networking

Chair: TBD

Please join other social workers and social work students at the Social Workers Section meeting. This session will provide an opportunity to meet, network, and collaborate with other social workers in the field of aging.

## **10:00 - 11:00 AM EASTERN**

### **MEDICAL AND SURGICAL SPECIALTIES SECTION MEETING**

Track: Networking

Co-Chairs: Lauren Ferrante, MD, MHS & Una Makris, MD, MSc, Chris Carpenter, MD, MSc  
Speaker: Alexis Bakos, PhD, MPH, MSN, RN (Program Officer, National Institute on Aging)

This year's Medical & Surgical Specialties Section meeting will take place on Thursday, April 30<sup>th</sup> from 10-11am Eastern Time. (No advance registration needed). Our main speaker this year is Alexis Bakos, Program Officer at the National Institute on Aging (NIA), who will discuss "Opportunities for Early Career and Established Investigators at the NIA." This is an outstanding opportunity to hear the latest information in funding updates and career opportunities from the NIA. After a Q&A with the speaker, we will hear from some of our specialty leaders about their efforts this year to integrate aging into their specialty professional societies.

## **PLENARY SESSIONS**

### **11:15 AM – 12:00 PM EASTERN**

#### **PLENARY PAPER SESSION**

Track: Research CME/CE: .75

*Developed by the Research Committee*

Moderator: Alison A. Moore, MD, MPH, FACP, AGSF

This session will present the top three research abstracts based on average score, quality, originality and methodology of research. Learning Objectives: (1) describe emerging concepts or a new scientific focus in aging research; and (2) summarize the key findings of research with relevance to care of older adults.

#### **Sacubitril/Valsartan Use across Transitions between Community, Hospital, and Skilled Nursing Facility Settings**

Andrew R. Zullo, PharmD, PhD

#### **Effectiveness of Pharmacist-Led Telemedicine Deprescribing vs. Usual Care for Older Adults with Cognitive Impairment: A Pragmatic Randomized Clinical Trial**

Ariel R. Green, MD, PhD, MPH

#### **Measuring Hospitalization, Deaths, and Hospice Care from Skilled Nursing Facility Electronic Health Records vs. Medicare Claims**

Christopher M. Santostefano, MPH, RN

**12:00 – 1:00 PM EASTERN**

**POINT-COUNTERPOINT: ARE DEMENTIA VOLUNTARILY STOPPING EATING AND DRINKING ADVANCE DIRECTIVES ETHICAL, AND SHOULD CLINICIANS HONOR THEM?**

Track: Clinical Practice CME/CE: 1.0

*Developed by the Ethics Committee*

Moderator: Ursula K. Braun, MD, MPH

Voluntarily stopping eating and drinking (VSED) is increasingly discussed as a patient-directed option to hasten death in the context of serious illness. Dementia-specific advance directives that instruct proxies and clinicians to withhold or stop assisted feeding and drinking once an individual reaches moderate or severe dementia aim to avoid years of life in a condition the authors of such directives view as inconsistent with their core values and identity. Clinicians in geriatrics and long-term care may increasingly encounter such documents, yet may express ethical unease and uncertainty about whether and how to honor them. Concerns include whether assisted hand-feeding constitutes basic care rather than medical treatment, the moral weight of the “current” experiential interests of a content but severely demented person, and regulatory fears related to survey citations or allegations of neglect. At the same time, ethicists and legal scholars argue that clear dementia VSED directives may fall within established rights to refuse life-sustaining interventions and can be implemented within a robust palliative framework. In this point-counterpoint session, two experts will debate whether dementia-specific VSED advance directives are ethically justifiable and whether physicians and interdisciplinary teams should assist in drafting, interpreting, and operationalizing them in clinical and long-term care settings. Using a case-based format, speakers will explore conceptual, clinical, legal, and systems-level implications and identify practical strategies for counseling patients and families who bring these directives to the clinical encounter. Learning Objectives: (1) describe key ethical arguments for and against honoring dementia-specific advance directives that request voluntarily stopping eating and drinking (VSED); (2) differentiate between contemporaneous VSED by a capacitated patient and VSED implemented later by an advance directive in the context of moderate to severe dementia; (3) identify practical and regulatory challenges clinicians and long-term care facilities face when asked to honor dementia VSED directives and potential strategies to address them; and (4) formulate an approach to counseling patients and families who request or present dementia-specific VSED directives, including communication about goals of care and palliative support.

**Voluntarily Stopping Eating and Drinking in Dementia by Advance Directive: A Case Report**

Ursula K. Braun, MD, MPH

**Are Dementia-Specific Advance Directives that Request Voluntarily Stopping Eating and Drinking Ethically Acceptable and Should Physicians Actively Support and Implement Them?**

Pro: Thaddeus M. Pope, JD, PhD

Con: Farr A. Curlin, MD

**CONCURRENT SESSIONS**

**1:15 – 2:15 PM EASTERN**

**NEW, NOVEL AND NEGLECTED PSYCHIATRIC MEDICATIONS IN OLDER ADULTS: PRACTICAL CONSIDERATIONS FOR USE**

Track: Clinical Practice CME/CE: 1.0

Moderator: Joseph Shega, MD

Mental health conditions such as depression, anxiety, psychosis, and behavioral symptoms of dementia are highly prevalent in older adults and frequently managed in primary care. In recent years, several newer psychotropic medications and novel formulations have entered the market. However, evidence in geriatric populations is frequently limited, and real-world considerations—including polypharmacy, frailty, cognitive impairment, falls risk, cost, and access—complicate prescribing decisions. This session will provide a pragmatic, evidence-informed approach to prescribing newer medications for common mental

illnesses in older adults. Faculty will review indications, comparative effectiveness, safety concerns specific to aging physiology, drug–drug interactions, deprescribing considerations, and cost/access issues. Emphasis will be placed on integrating these medications into comprehensive care plans while minimizing harm and aligning treatment with patient goals and quality of life.

Learning Objectives: (1) identify common newer medications used to treat depression, anxiety, psychosis, and related conditions, and describe their proposed advantages over traditional therapies; (2) evaluate the evidence for efficacy and safety of newer psychotropic medications in older adults, recognizing limitations in geriatric-specific data; and (3) develop a practical approach to monitoring, reassessment, and deprescribing when newer medications are initiated in geriatric primary care.

#### **Common Newer Medications for Mental Illness in Older Adults**

Nicole J. Brandt, PharmD, MBA, BCGP, BCPP, FASCP

#### **Optimizing Psychiatric Pharmacotherapy in Older Adults Across Care Setting**

Dan Haimowitz, MD, FACP, CMD

#### **Clinical Perspectives in Geriatric Psychopharmacology: Balancing Benefit and Burden**

Cynthia D. Fields, MD

**1:15 – 2:15 PM EASTERN**

#### **ARTIFICIAL INTELLIGENCE IN GERIATRICS: INNOVATIONS IN RESEARCH AND CLINICAL PRACTICE**

Track: Research

CME/CE: 1.0

*Developed by the Research Committee and the Cancer and Aging Special Interest Group*

Co-Moderators: Kah Poh Loh, MD, MS, FASCO, FACCC, AGSF & John A. Batsis, MD, AGSF

This symposium will target clinicians, researchers and other interprofessional members, including a broad audience of any health professional from any discipline who has or is interested in learning either how to work collaboratively with computer scientists or engineers, and potential examples as to how to integrate such technologies to improve patient care. Learning Objectives: (1) discuss the implementation and evaluation of AI-based cognitive assessments in detecting cognitive and frailty decline; review basic terminology related to Artificial Intelligence (AI) and GenAI in healthcare and the barriers and facilitators of using these in clinical care of the older adult with cancer; and evaluate the utility of artificial intelligence–equipped video surveillance for detecting falls in assisted living settings.

#### **Use of Machine Learning Models in Free-Living Accelerometry Data to Predict Cognitive and Frailty Decline in Community-Dwelling Older Adults**

Megan J. Huisingh-Scheetz, MD, MPH

#### **Differential Assessment of AI/ML and Generative AI/ML (LLMs) Performance in Predicting Nutritional and Functional Status in Clinical Notes in Geriatric Oncology**

Melody K. Schiaffino, PhD, MPH

#### **The Validity of Artificial Intelligence to Detect Falls Among Persons with Dementia**

Sheryl Zimmerman, PhD

**1:15 – 2:15 PM EASTERN**

#### **INTEGRATING SOCIAL DRIVERS OF HEALTH INTO AGE-FRIENDLY CARE**

Track: Ethics

CME/CE: 1.0

*Developed by the Ethics and Ethnogeriatrics Committee*

Moderator: Ramona L. Rhodes, MD, MPH, MSCS, AGSF, FAAHPM

In this symposium, the speakers will provide an overview of social drivers of health (SDOH) and their unique impacts on the health and well-being of older adults. Learning Objectives: (1) define key terms related to SDOH and explain the impact of SDOH on geriatric health outcomes and health equity; (2)

explain how Geriatric clinical settings can screen for and address social risks and social needs; (3) provide examples of how to incorporate SDOH into Geriatrics health professions education; and (4) describe how SDOH can be integrated into Age-Friendly care using a new conceptual model to improve health equity for older adults.

**Impact of SDOH on the Health and Well-Being of Older Adults**

Martina Azar, PhD & Naila Elizabeth Edwards, MBBCHBAO

**Identifying and Addressing Social Needs in Geriatrics Clinical Settings**

Brittany L. Trabaris, MSW, LCSW & Gabriela Cohen, MD

**Integrating SDOH into Health Professions Education**

Laura K. Byerly, MD

**A Conceptual Model to Integrate SDOH into Age Friendly Care**

Meaghan A. Kennedy, MD, MPH

**1:15 – 2:15 PM EASTERN**

**THE ABCS OF NIA GRANTSMANSHIP - FOR EARLY CAREER RESEARCHERS AND THEIR MENTORS**

CME/CE: 1.0                      Track: Research

*Sponsored by the National Institute on Aging for new and early-stage researchers in cooperation with the AGS Research Committee*

This session targets the needs of new and early-career investigators, providing an overview of NIA and opportunities across its aging research portfolio. The session will begin with an introduction to NIA, its mission, and organizational structure. Then, staff will share a presentation on early-career funding opportunities and strategies for seeking an NIA grant. Finally, program staff from across NIA's scientific divisions, as well as an early-career researcher, will share perspectives and remarks, leading to a concluding Q+A segment. Learning Objectives: (1) describe the NIA mission and the NIA scientific divisions supporting early-stage investigators; (2) discuss recent policy changes which affect the funding environment; and (3) describe the funding landscape, including opportunities and resources relevant to early-career researchers.

**Introduction to NIA**

Richard Hodes, MD

**How to Get an NIA Grant**

Kenneth Santora, PhD

**Presentations from NIA Divisions and Programs:**

- NIA Division of Geriatrics and Clinical Gerontology: Marcel Salive, MD, MPH
- NIA Division of Behavioral and Social Research: Amelia W. Karraker, PhD
- NIA Division of Neuroscience: Dave Frankowski, PhD
- NIA Division of Aging Biology: Christy S. Carter, PhD
- NIA Office of Strategic Extramural Programs: Shoshana Y. Kahana, PhD
- NIA Intramural Research Program: Luigi L. Ferrucci, MD, PhD

**Early-Career Researcher Perspective**

Snigdha Jain, MD, MHS, Chair, AGS Junior Faculty Research SIG

**1:15 – 2:15 PM EASTERN**

**GERIATRIC EDUCATION PAPER SESSION**

Track: Research                      CME/CE: 1.0

*Developed by the Research Committee*

Moderator: Reena Karani, MD, MHPE

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Exploring Users' Perspectives of the Driving and Dementia Roadmap**

Gary Naglie, MD, FRCPC, FCGS, FGSA

**Feasibility and Efficacy of Advance Care Planning Pop-Ups Among Urban, Community-Dwelling Older Adults**

Karina A. Mak, BA

**A Virtual Geriatric Case Competition Offers a Scalable Activity for Health Science Students to Achieve Interprofessional Collaboration Competencies**

Kristine M.C. Talley, PhD, CNP, RN, FGSA

**Evidence-Based Approaches for People Living with Dementia: An Educational Strategy for Healthcare Professionals**

Kimberly D. Davis, PhD, RN, CNE

## PLENARY SESSION

**2:30 – 3:30 PM EASTERN**

**HENDERSON STATE-OF-THE-ART LECTURE: PHARMACOTHERAPY FOR OLDER ADULTS: A HISTORICAL AND FUTURISTIC LOOK AT PROGRESS**

Track: Clinical Practice CME/CE: 1.0

Presenter: Todd P. Semla, MS, PharmD, FCCP, AGSF

The 1968 Task Force on Prescription Drug Use was the U.S. government's first ever report on prescription drug use by older adults. Using the Task Force's findings and recommendations as a beginning, this lecture will chronicle the progress in pharmacotherapy for older adults. Areas of impact include advances in pharmacology, interventions to improve medication use, and the expanded roles and responsibilities of pharmacists. Lastly, a look to the future, and what might be possible. Learning Objectives: (1) Describe how the 1968 Task Force shaped subsequent developments in pharmacotherapy for older adults; (2) Identify major advances in geriatric pharmacology and evidence-based interventions that have improved medication safety, adherence, and outcomes in older adults; and (3) Discuss the evolving and future roles of pharmacists in optimizing medication use for aging populations, including emerging models of care and innovations that may influence geriatric pharmacotherapy.

## CONCURRENT SESSIONS

**3:45 – 4:45 PM EASTERN**

**ANTICOAGULATION UPDATE: WHAT GERIATRICS PROVIDERS NEED TO KNOW**

Track: Clinical Practice CME/CE: 1.0

Moderator: Michael W. Rich, MD, AGSF, FACC

This symposium will provide geriatrics providers with an evidence-based update on anticoagulation management in older adults, addressing atrial fibrillation, venous thromboembolism, emerging therapies, deprescribing, and individualized decision-making across care settings. Learning Objectives: (1) evaluate the risks and benefits of anticoagulation strategies in older adults with atrial fibrillation, venous

thromboembolism, and complex comorbidities; (2) apply current evidence and guideline recommendations to anticoagulation decision-making in geriatric and long-term care settings; (3) individualize anticoagulation therapy by incorporating patient-specific factors such as frailty, cognitive impairment, fall risk, renal function, and goals of care; (4) integrate emerging anticoagulation therapies into clinical practice while considering safety, efficacy, and applicability in older adults; and (5) identify clinical scenarios in which deprescribing anticoagulants is appropriate and implement safe deprescribing strategies.

#### **Introduction**

Michael W. Rich, MD, AGSF, FACC

#### **Atrial Fibrillation: Anticoagulation or Left Atrial Appendage Occlusion?**

Darae Ko, MD, MSc

#### **Anticoagulation for Atrial Fibrillation in Long-Term Care: What is the Evidence?**

Michael W. Rich, MD, AGSF, FACC

#### **Emerging Anticoagulation Therapies in Older Adults: Factor Xla Inhibitors and Beyond**

Brian F. Gage, MD, MSc

#### **Deprescribing Anticoagulants in Older Adults: When to Say When**

Sunny Linnebur, PharmD

#### **Anticoagulation for DVT: What Is the Best Option for my Patient?**

Andrew R. Zullo, PharmD, PhD

### **3:45 – 4:45 PM EASTERN**

#### **NAVIGATING SGLT2 INHIBITORS AND GLP-1 AGONISTS USE IN THE OLDER ADULT: A GUIDE TO BENEFITS, RISKS, AND SHARED DECISION-MAKING**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Research Committee and the Clinical Practice & Models of Care Committee and the Older Adults Facing Chronic Kidney Disease and/or Kidney Failure Special Interest Group*

Moderator: Totini S. Chatterjee, MD

This symposium will address the professional practice gap in the practice of prescribing and management of SGLT2 inhibitors and GLP-1 agonists in older adults with chronic kidney disease and geriatric syndromes. Learning Objectives: (1) review the evidence for the use of for the use of SGLT2 inhibitors and/or GLP-1 agonists in older and multimorbid adults, including a focus on historically underserved populations. Changes in clinical guidelines from various professional societies will be included; (2) discuss notable adverse effects associated with the SGLT2 inhibitors and GLP-1 agonists, emphasizing their impact on geriatric syndromes; and (3) using an age-friendly “5M” framework, discuss when SGLT2 inhibitors and/or GLP-1 agonists should be used or deprescribed.

#### **Use of SGLT2 Inhibitors and GLP-1 Agonists in the Older Adult: The Next Frontier**

Daniel Forman, MD

#### **SGLT2 Inhibitors and GLP-1 Agonists: Key Considerations in the Older Adult**

Chintan V. Dave, PharmD, PhD

#### **What Matters Most: Applying the 5M Framework**

Onica L. Washington, MD, PhD

### **3:45 – 4:45 PM EASTERN**

## **ELEVATING YOUR CAREER AND DEMONSTRATING YOUR VALUE AS AN INTERPROFESSIONAL EDUCATOR: A CONVERSATION BETWEEN JUNIOR CLINICIAN EDUCATORS AND EDUCATION MENTORS**

Track: Education

CME/CE: 1.0

Co-Moderators: Lindsey M. Haddock, MD, MAEd & Carolina Fonseca Valencia, MD, FACP

*Developed by the Education Committee and the Teachers Section*

This session will review the various components of the EP and empower interprofessional geriatrics educators to create their own EP to showcase their value as an educator and support career advancement. Attendees will have access to on-line resources to help create their own educator portfolios. Learning Objectives: (1) describe how an educator portfolio can support career advancement; (2) explain the various components and the documentation/materials required to create an Educator Portfolio; (3) utilize the Educator Portfolio to overcome inequities and bias towards the value, impact and scholarly output of an interprofessional educator as opposed to more traditional forms of scholarship; (4) explain the difference between role model, mentor, coach and sponsor; (5) describe best practices for building productive, respectful, and goal-oriented mentoring relationships; and (6) empower interprofessional mentees to self-advocate and promote their careers.

### **Teaching and Assessment**

Rose Maria van Zuilten, PhD

### **Strategically Showcasing Curriculum Development Activities: You're Doing More Than You Think**

Rachel Jantea, MD, MS

### **Mastering Mentorship: Skills for Empowering Interprofessional Mentees**

Annette Medina-Walpole, MD

## **3:45 – 4:45 PM EASTERN**

### **NIA SYMPOSIUM FOR RESEARCHERS AT MID-CAREER AND BEYOND – OPPORTUNITIES FOR ESTABLISHED RESEARCHERS**

CME/CE Credit: 1.0

Track: Research

*Sponsored by the National Institute on Aging in cooperation with the AGS Research Committee*

This symposium is intended for independently funded researchers at a mid- to senior career level. It targets the needs of research leaders and established investigators by providing an update from NIA staff on research programs and initiatives. NIA leaders will share updates on the budget and funding landscape, recent policy changes, and current research foci. Following these updates, NIA leadership and staff will take live questions from attendees. Learning Objectives: (1) discuss the current funding environment; (2) discuss recent policy changes affecting researchers; and (3) describe current research foci of NIA scientific divisions.

### **NIA Updates**

Richard Hodes, MD

### **Remarks from NIA Divisions and Programs:**

- NIA Division of Extramural Activities: Kenneth Santora, PhD
- NIA Division of Geriatrics and Clinical Gerontology: Evan C. Hadley, MD
- NIA Division of Behavioral and Social Research: Amelia W. Karraker, PhD
- NIA Division of Neuroscience: Dave Frankowski, PhD
- NIA Division of Aging Biology: Stacy Carrington-Lawrence, PhD
- NIA Office of Strategic Extramural Programs: Laura Major, DrPH
- NIA Intramural Research Program: Myriam Gorospe, PhD

## **3:45 – 4:45 PM EASTERN**

### **EQUITY, ACCESS, AND AGING: MEETING OLDER ADULTS WHERE THEY ARE PAPER SESSION**

Track: Research CME/CE: 1.0

*Developed by the Research Committee*

Moderator: Christopher H. Schifeling, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Anticipatory Grief Experiences of Rural Caregivers of Persons Living with Dementia: A Qualitative Analysis**

Nathan Chu, BS

**Association of Gut Microbiome with Hypertension in Puerto Ricans**

Alexandra M. Rivera Castro, MD

**Financial Hardship and Quality of Life: Dementia Care Costs in LGBTQ+ and Non-LGBTQ+ Populations**

Sara G. Jackson, PhD, LCSW

**Racial & Ethnic Differences in Analgesic Prescribing for Older Adults with Cancer Before and After 2016 CDC Guideline**

Lizzy Rueppel

## **POSTER SESSION**

**5:00 - 6:00 PM EASTERN**

### **PRESIDENTIAL POSTER SESSION B**

Track: Research

The Presidential Poster Session features posters that received the highest rankings from abstract reviewers. Posters will be judged and one poster in each category will be chosen to receive a "Best Poster" award. Authors will be available to discuss the presented findings in the chat and answer questions.

## **SPECIAL INTEREST GROUPS**

**6:00 - 7:00 PM EASTERN**

### **ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS (AHEAD)**

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin H. Han, MD, MPH

The mission of this SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

**6:00 - 7:00 PM EASTERN**

### **CANCER AND AGING**

Track: Networking

Chair: Sindhuja Kadambi, MD

Fellows Representative: Evgenia Granina, MD

The mission of this SIG is to assemble clinicians and investigators interested in improving the care of older adults with cancer. Activities range from disseminating the latest evidence in geriatric oncology, collaborating on research studies and clinical innovations, and discussing the integration of geriatrics into local oncology practices. A fundamental goal of this group is to find ways to more widely implement treatment guidelines that recommend geriatric assessments in older adults with cancer.

**6:00 PM - 7:00 PM EASTERN  
DEMENTIA CARE AND CAREGIVER SUPPORT**

Track: Networking

Chair: Maria D'Souza, MD, MPH

This SIG will provide a forum for AGS members who are dedicated to providing clinical care for individuals living with dementia and support for their caregivers, in order to discuss clinical questions, exchange information and resources, and explore ideas for improving our individual and collective practice, towards advancing optimal dementia care.

**6:00 - 7:00 PM EASTERN  
DUAL AND D-SNPs**

Track: Networking

Chair: Chuck Pu, MD, FACP, CMD

The mission of the Dual and D-SNPS Special Interest Group is to improve the quality and outcomes of health care and maximize independence among low-income older adults by bringing together geriatrics professionals dedicated to the care of these older adults, disseminating practical solutions and innovative geriatrics team care models, and advocating for public policy change to better address the needs of this population.

**6:00 - 7:00 PM EASTERN  
GEROSCIENCE**

Track: Networking

Co-Chairs: Lolita Nidadavolo, MD, PhD & John Newman, MD, PhD

The Geroscience SIG brings together AGS members from varied backgrounds who all share a common interest in efforts to leverage our understanding of basic aging processes towards the discovery, validation and implementation of gerotherapeutic interventions designed to promote health, function and independence in late life.

**6:00 PM - 7:00 PM EASTERN  
HOME-BASED PRIMARY CARE (HBPC)**

Track: Networking

Co-Chairs: Melissa Dattalo, MD, MPH & Emma C. Williams, PharmD, BCGP, CPP

The mission of this SIG is to ensure every chronically ill, medically complex patient who is homebound and in need has access to quality HBPC that results in a profound improvement in medical outcomes, patient and family experience, and healthcare spending. To accomplish our mission, we: (1) provide awareness of the value and rewards of HBPC to AGS members; (2) support AGS members dedicated to advancing the field of HBPC; and (3) collaborate and discuss HBPC models of care, best practices, and key metrics to measure performance and quality of care.

**6:00 - 7:00 PM EASTERN  
HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION**

Track: Networking

Chair: Lyn Weinberg, MD

The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the

potential for large cost savings.

**6:00 - 7:00 PM EASTERN**

**JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP BUSINESS MEETING**

Track: Networking

Co-Chairs: Snigdha Jain, MD & James Deardorff, MD

The Junior Faculty Research Career Development Special Interest Group is for junior faculty members and research fellows pursuing careers in aging-related research. Topics will include annual updates on funding opportunities and SIG activities, planning future AGS meeting symposia, and election of new SIG leaders.

**6:00 - 7:00 PM EASTERN**

**VETERANS HEALTH ADMINISTRATION**

Track: Networking

Chair: Cynthia Johnson

This SIG offers an opportunity to discuss in an open forum announcements and key issues related to geriatrics, extended care clinical programs, and research and education initiatives. All VHA staff attending the AGS Annual Scientific Meeting, and all other interested meeting attendees, are invited to participate.