

# AMERICAN GERIATRICS SOCIETY 2026 VIRTUAL ANNUAL SCIENTIFIC MEETING

**THURSDAY, APRIL 30, 2026**

## CONCURRENT SESSIONS

**10:00 – 11:00 AM EASTERN**

### **ANTICOAGULATION UPDATE: WHAT GERIATRICS PROVIDERS NEED TO KNOW**

Track: Clinical Practice      CME/CE: 1.0

Moderator: Michael W. Rich, MD

This symposium will provide geriatrics providers with an evidence-based update on anticoagulation management in older adults, addressing atrial fibrillation, venous thromboembolism, emerging therapies, deprescribing, and individualized decision-making across care settings. Learning Objectives: (1) evaluate the risks and benefits of anticoagulation strategies in older adults with atrial fibrillation, venous thromboembolism, and complex comorbidities; (2) apply current evidence and guideline recommendations to anticoagulation decision-making in geriatric and long-term care settings; (3) individualize anticoagulation therapy by incorporating patient-specific factors such as frailty, cognitive impairment, fall risk, renal function, and goals of care; (4) integrate emerging anticoagulation therapies into clinical practice while considering safety, efficacy, and applicability in older adults; and (5) identify clinical scenarios in which deprescribing anticoagulants is appropriate and implement safe deprescribing strategies.

#### **Introduction**

Michael W. Rich, MD

#### **Atrial Fibrillation: Anticoagulation or Left Atrial Appendage Occlusion?**

Darae Ko, MD

#### **Anticoagulation for Atrial Fibrillation in Long-Term Care: What is the Evidence?**

Michael W. Rich, MD

#### **Emerging Anticoagulation Therapies in Older Adults: Factor Xla Inhibitors and Beyond**

Brian F. Gage, MD

#### **Deprescribing Anticoagulants in Older Adults: When to Say When**

Sunny Linnebur, PharmD

#### **Anticoagulation for DVT: What Is the Best Option for my Patient?**

Andrew Zullo, PharmD

**10:00 – 11:00 AM EASTERN**

### **BIOLOGY OF AGING TBD**

Track: Clinical Practice      CME/CE: 1.0

Description coming soon.

**10:00 – 11:00 AM EASTERN**

### **CPT CODING: BASIC PRINCIPLES AND PRACTICE**

Track: Clinical Practice CME/CE: 1.0

Speaker: Peter Hollmann, MD, AGSF

This session will help the attendee become aware of coding that is especially relevant to geriatrics health care professionals. Specific topics that will be addressed include: E/M (office and facility visit codes and Medicare Preventive Medicine codes) and an overview of coding and billing for the geriatrics professional. Learning Objectives: (1) describe basic coding principles; (2) discuss key Medicare payment rules; and (3) interpret how to relate these to practice management.

#### **10:00 – 11:00 AM EASTERN**

#### **GERIATRIC EDUCATION MATERIALS AND METHODS SWAP**

Track: Education CME/CE: 1.0

*Sponsored by the Teachers Section and the Education Committee*

Moderator: TBD

This session presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

#### **10:00 – 11:00 AM EASTERN**

#### **EPIDEMIOLOGY PAPER SESSION**

Track: Research CME/CE: 1.0

*Developed by the Research Committee*

Moderator: Andrew Zullo, PharmD, PhD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

### **SECTIONS**

#### **10:00 – 11:00 AM EASTERN**

#### **FELLOWS-IN-TRAINING SECTION**

Track: Networking

Co-Chairs: Pavitri Dwivedi, DO & Sahiba Singh, MD

Please join other fellows, faculty members, and leaders in geriatrics at the annual Fellows-in-Training meeting. This event is a unique opportunity to share and discuss ideas, past experiences, and future career plans while networking with colleagues and mentors from across the country.

#### **10:00 – 11:00 AM EASTERN**

#### **WOMEN IN GERIATRICS SECTION MEETING**

Track: Networking

Co-Chairs: Lisa N. Miura, MD & Lee A. Jennings, MD, MSHS

This Section is intended for AGS members of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives.

#### **10:00 – 11:00 AM EASTERN**

#### **PHARMACISTS SECTION**

Track: Networking

Co-Chairs: Teresa M. DeLellis, PharmD, BCPS, BCGP; Tasha Woodall, PharmD, BCGP & Megan Carr, PharmD, BCPS, BCGP

The Pharmacists Section meeting is an opportunity for pharmacist members of AGS to network, share information about their AGS presentations, and discuss ways to collaborate.

**10:00 – 11:00 AM EASTERN  
SOCIAL WORKERS SECTION**

## Track: Networking

Chair: TBD

Please join other social workers and social work students at the Social Workers Section meeting. This session will provide an opportunity to meet, network, and collaborate with other social workers in the field of aging.

**10:00 - 11:00 AM EASTERN  
MEDICAL AND SURGICAL SPECIALTIES SECTION MEETING**

## Track: Networking

Co-Chairs: Lauren Ferrante, MD, MHS & Una Makris, MD, MSc

Medical and surgical subspecialists will provide updates on activities within their disciplines, thereby showcasing opportunities for specialists to advance a geriatrics agenda within their specialty societies and their institutions. In addition, we will discuss career development topics relevant to junior faculty pursuing aging research. All medical and surgical subspecialists are encouraged to attend.

## PLENARY SESSIONS

**11:15 AM – 12:00 PM EASTERN**

## PLENARY PAPER SESSION

Track: Research CME/CE: .75

*Developed by the Research Committee*

Moderator: Alison A. Moore, MD, MPH

This session will present the top three research abstracts based on average score, quality, originality and methodology of research. Learning Objectives: (1) describe emerging concepts or a new scientific focus in aging research; and (2) summarize the key findings of research with relevance to care of older adults.

**12:00 – 1:00 PM EASTERN**

## PRACTICAL CONSIDERATIONS FOR DEMENTIA-SPECIFIC ADVANCE DIRECTIVES: RESPONDING TO REQUESTS TO ASSIST PATIENTS WITH STOPPING EATING AND DRINKING

Track: Clinical Practice CME/CE: 1.0

### Moderator:

*Sponsored by the Ethics Committee*

Description coming soon.

## CONCURRENT SESSIONS

**1:15 – 2:15 PM EASTERN**

## COMMON NEWER MEDICATIONS FOR MENTAL ILLNESS

Track: Clinical Practice CME/CE: 1.0

Description coming soon.

1:15 – 2:15 PM EASTERN

## ARTIFICIAL INTELLIGENCE IN GERIATRICS: INNOVATIONS IN RESEARCH AND CLINICAL PRACTICE

Track: Research CME/CE: 1.0  
*Developed by the Research Committee and the Cancer and Aging Special Interest Group*  
Co-Moderators: Kah Poh Loh, MD, MS, FASCO, FACC, AGSF & John A. Batsis, MD, AGSF  
This symposium will target clinicians, researchers and other interprofessional members, including a broad audience of any health professional from any discipline who has or is interested in learning either how to work collaboratively with computer scientists or engineers, and potential examples as to how to integrate such technologies to improve patient care. Learning Objectives: (1) discuss the implementation and evaluation of AI-based cognitive assessments in detecting cognitive and frailty decline; review basic terminology related to Artificial Intelligence (AI) and GenAI in healthcare and the barriers and facilitators of using these in clinical care of the older adult with cancer; and evaluate the utility of artificial intelligence-equipped video surveillance for detecting falls in assisted living settings.

**Use of Machine Learning Models in Free-Living Accelerometry Data to Predict Cognitive and Frailty Decline in Community-Dwelling Older Adults**  
Megan Huisingsh-Scheetz, MD, MPH

**Differential Assessment of AI/ML and Generative AI/ML (LLMs) Performance in Predicting Nutritional and Functional Status in Clinical Notes in Geriatric Oncology**  
Melody K. Schiaffino, PhD, MPH

**The Validity of Artificial Intelligence to Detect Falls Among Persons with Dementia**  
Sheryl Zimmerman, PhD

**1:15 – 2:15 PM EASTERN**  
**INTEGRATING SOCIAL DRIVERS OF HEALTH INTO AGE-FRIENDLY CARE**  
Track: Ethics CME/CE: 1.0  
*Developed by the Ethics and Ethnogeriatrics Committee*  
Moderator: Ramona L. Rhodes, MD, MPH, MSCS  
In this symposium, the speakers will provide an overview of social drivers of health (SDOH) and their unique impacts on the health and well-being of older adults. Learning Objectives: (1) define key terms related to SDOH and explain the impact of SDOH on geriatric health outcomes and health equity; (2) explain how Geriatric clinical settings can screen for and address social risks and social needs; (3) provide examples of how to incorporate SDOH into Geriatrics health professions education; and (4) describe how SDOH can be integrated into Age-Friendly care using a new conceptual model to improve health equity for older adults.

**Impact of SDOH on the Health and Well-Being of Older Adults**  
Martina Azar, PhD & Naila Elizabeth Edwards, MBBCHBAO

**Identifying and Addressing Social Needs in Geriatrics Clinical Settings**  
Brittany L. Trabarisi, MSW, LCSW & Gabriela Cohen, MD

**Integrating SDOH into Health Professions Education**  
Laura K. Byerly, MD

**A Conceptual Model to Integrate SDOH into Age Friendly Care**  
Meaghan A. Kennedy, MD, MPH

**1:15 – 2:15 PM EASTERN**  
**THE ABCS OF NIA GRANTSMANSHIP - FOR EARLY CAREER RESEARCHERS AND THEIR MENTORS**  
CME/CE: 1.0 Track: Research  
*Sponsored by the National Institute on Aging for new and early-stage researchers in cooperation with the AGS Research Committee*

Moderator: Amy S. Kelley, MD, MSHS, *Deputy Director, National Institute on Aging*

The symposium is intended for investigators with current research training or career development awards, including "T," "F," or "K" funding, or GEMSSTARs. It is also intended for individuals who are interested in learning about these types of grant opportunities. The session targets the needs of new and early career investigators by providing an overview of NIA's extramural research programs and initiatives, including a focus on emerging opportunities across NIA for Alzheimer's and related dementias research. Funding and training opportunities, the Center for Scientific Review grants review process, and experiences of an early career researcher will also be featured. Learning Objectives: (1) describe the NIA mission and extramural divisions supporting early-stage investigators in clinical, biomedical, neuroscience, and behavioral and social research; (2) discuss recent policy changes which affect the funding environment; and (3) identify NIA's resources for research training and grant application.

### **NIA Research Priorities and Opportunities for Early Career Researchers**

Amy S. Kelley, MD, MSHS, *Deputy Director, NIA*

#### **How to Get an NIA Grant / NIA Division and Office Overviews:**

- Training Office / How to Get an NIA Grant:
- Office of Special Populations:
- Division of Geriatrics and Clinical Gerontology:
- Division of Behavioral and Social Research:
- Division of Neuroscience:
- Division of Aging Biology:

#### **Junior Faculty Viewpoint**

Snigdha Jain, MD, MHS, Chair, AGS Junior Faculty Research SIG

**1:15 – 2:15 PM EASTERN**

#### **GERIATRIC EDUCATION PAPER SESSION**

Track: Research CME/CE: 1.0

*Developed by the Research Committee*

Moderator: Reena Karani, MD, MHPE

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

## **PLENARY SESSION**

**2:30 – 3:30 PM EASTERN**

#### **HENDERSON STATE-OF-THE-ART LECTURE: PHARMACOTHERAPY FOR OLDER ADULTS: A HISTORICAL AND FUTURISTIC LOOK AT PROGRESS**

Track: Clinical Practice CME/CE: 1.0

Presenter: Todd P. Semla, MS, PharmD, FCCP, AGSF

The 1968 Task Force on Prescription Drug Use was the U.S. government's first ever report on prescription drug use by older adults. Using the Task Force's findings and recommendations as a beginning, this lecture will chronicle the progress in pharmacotherapy for older adults. Areas of impact include advances in pharmacology, interventions to improve medication use, and the expanded roles and responsibilities of pharmacists. Lastly, a look to the future, and what might be possible. Learning Objectives: (1) Describe how the 1968 Task Force shaped subsequent developments in pharmacotherapy for older adults; (2) Identify major advances in geriatric pharmacology and evidence-based interventions that have improved medication safety, adherence, and outcomes in older adults; and (3) Discuss the evolving and future roles of pharmacists in optimizing medication use for aging

populations, including emerging models of care and innovations that may influence geriatric pharmacotherapy.

## CONCURRENT SESSIONS

**3:45 – 4:45 PM EASTERN**

### **JAGS EDITOR'S CHOICE: INFLUENTIAL ARTICLES OF THE YEAR**

Track: Clinical Practice CME/CE: 1.0

Description coming soon.

**3:45 – 4:45 PM EASTERN**

### **NAVIGATING SGLT2 INHIBITORS AND GLP-1 AGONISTS USE IN THE OLDER ADULT: A GUIDE TO BENEFITS, RISKS, AND SHARED DECISION-MAKING**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Research Committee and the Clinical Practice & Models of Care Committee and the Older Adults Facing Chronic Kidney Disease and/or Kidney Failure Special Interest Group*

Moderator: Totini S. Chatterjee, MD

This symposium will address the professional practice gap in the practice of prescribing and management of SGLT2 inhibitors and GLP-1 agonists in older adults with chronic kidney disease and geriatric syndromes. Learning Objectives: (1) review the evidence for the use of SGLT2 inhibitors and/or GLP-1 agonists in older and multimorbid adults, including a focus on historically underserved populations. Changes in clinical guidelines from various professional societies will be included; (2) discuss notable adverse effects associated with the SGLT2 inhibitors and GLP-1 agonists, emphasizing their impact on geriatric syndromes; and (3) using an age-friendly “5M” framework, discuss when SGLT2 inhibitors and/or GLP-1 agonists should be used or deprescribed.

#### **Use of SGLT2 Inhibitors and GLP-1 Agonists in the Older Adult: The Next Frontier**

Daniel Forman, MD

#### **SGLT2 Inhibitors and GLP-1 Agonists: Key Considerations in the Older Adult**

Chintan V. Dave, PharmD, PhD

#### **What Matters Most: Applying the 5M Framework**

Onica L. Washington, MD, PhD

**3:45 – 4:45 PM EASTERN**

### **ELEVATING YOUR CAREER AND DEMONSTRATING YOUR VALUE AS AN INTERPROFESSIONAL EDUCATOR: A CONVERSATION BETWEEN JUNIOR CLINICIAN EDUCATORS AND EDUCATION MENTORS**

Track: Education CME/CE: 1.0

Co-Moderators: Lindsey M. Haddock, MD, MAEd & Carolina Fonseca Valencia, MD, FACP

*Developed by the Education Committee and the Teachers Section*

This session will review the various components of the EP and empower interprofessional geriatrics educators to create their own EP to showcase their value as an educator and support career advancement. Attendees will have access to on-line resources to help create their own educator portfolios. Learning Objectives: (1) describe how an educator portfolio can support career advancement; (2) explain the various components and the documentation/materials required to create an Educator Portfolio; (3) utilize the Educator Portfolio to overcome inequities and bias towards the value, impact and scholarly output of an interprofessional educator as opposed to more traditional forms of scholarship; (4) explain the difference between role model, mentor, coach and sponsor; (5) describe best practices for building productive, respectful, and goal-oriented mentoring relationships; and (6) empower interprofessional mentees to self-advocate and promote their careers.

**Teaching and Assessment**  
Rose Maria van Zuijen, PhD

**Strategically Showcasing Curriculum Development Activities: You're Doing More Than You Think**  
Rachel Jantea, MD, MS

**Mastering Mentorship: Skills for Empowering Interprofessional Mentees**  
Annette Medina-Walpole, MD

**3:45 – 4:45 PM EASTERN**

**NIA SYMPOSIUM FOR RESEARCHERS AT MID-CAREER AND BEYOND – OPPORTUNITIES FOR ESTABLISHED RESEARCHERS**

CME/CE Credit: 1.0      Track: Research

*Sponsored by the National Institute on Aging in cooperation with the AGS Research Committee*

This symposium is intended for independently funded researchers at a mid- to senior career level. It targets the needs of research leaders and established investigators by providing an update from NIA staff on research programs and initiatives. Presentations will include current funding, new opportunities including those related to Alzheimer's Disease and Related Dementias, and future priorities and research directions of NIA. Learning Objectives: (1) describe the current and future research foci of the NIA extramural divisions; and (2) discuss the current funding environment.

**Overview of NIA Budget, and Priority Areas**

Amy S. Kelley, MD, MSHS, *Deputy Director, National Institute on Aging*

**NIA Division / Office Introductions**

Division of Geriatrics and Clinical Gerontology:

Division of Behavioral and Social Research:

Division of Neuroscience:

Division of Aging Biology:

Office of Special Populations:

Office of Strategic Extramural Programs:

**3:45 – 4:45 PM EASTERN**

**PAPER SESSION**

Track: Research      CME/CE: 1.0

*Developed by the Research Committee*

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**POSTER SESSION**

**5:00 - 6:00 PM EASTERN**

**PRESIDENTIAL POSTER SESSION B**

Track: Research

The Presidential Poster Session features posters that received the highest rankings from abstract reviewers. Posters will be judged and one poster in each category will be chosen to receive a "Best

Poster" award. Authors will be available to discuss the presented findings in the chat and answer questions.

## **SPECIAL INTEREST GROUPS**

### **6:00 - 7:00 PM EASTERN**

#### **ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS (AHEAD)**

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin H. Han, MD, MPH

The mission of this SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

### **6:00 - 7:00 PM EASTERN**

#### **CANCER AND AGING**

Track: Networking

Chair: Sindhuja Kadambi, MD

Fellows Representative: Evgenia Granina, MD

The mission of this SIG is to assemble clinicians and investigators interested in improving the care of older adults with cancer. Activities range from disseminating the latest evidence in geriatric oncology, collaborating on research studies and clinical innovations, and discussing the integration of geriatrics into local oncology practices. A fundamental goal of this group is to find ways to more widely implement treatment guidelines that recommend geriatric assessments in older adults with cancer.

### **6:00 PM - 7:00 PM EASTERN**

#### **DEMENTIA CARE AND CAREGIVER SUPPORT**

Track: Networking

Chair: Maria D'Souza, MD, MPH

This SIG will provide a forum for AGS members who are dedicated to providing clinical care for individuals living with dementia and support for their caregivers, in order to discuss clinical questions, exchange information and resources, and explore ideas for improving our individual and collective practice, towards advancing optimal dementia care.

### **6:00 - 7:00 PM EASTERN**

#### **DUAL AND D-SNPs**

Track: Networking

Chair: Chuck Pu, MD, FACP, CMD

The mission of the Dual and D-SNPs Special Interest Group is to improve the quality and outcomes of health care and maximize independence among low-income older adults by bringing together geriatrics professionals dedicated to the care of these older adults, disseminating practical solutions and innovative geriatrics team care models, and advocating for public policy change to better address the needs of this population.

### **6:00 - 7:00 PM EASTERN**

#### **GEROSCIENCE**

Track: Networking

Co-Chairs: Lolita Nidadavolo, MD, PhD & John Newman, MD, PhD

The Geroscience SIG brings together AGS members from varied backgrounds who all share a common interest in efforts to leverage our understanding of basic aging processes towards the discovery, validation and implementation of gerotherapeutic interventions designed to promote health, function and independence in late life.

**6:00 PM - 7:00 PM EASTERN****HOME-BASED PRIMARY CARE (HBPC)**

Track: Networking

Co-Chairs: Melissa Dattalo, MD & Emma C. Williams, PharmD, BCGP, CPP

The mission of this SIG is to ensure every chronically ill, medically complex patient who is homebound and in need has access to quality HBPC that results in a profound improvement in medical outcomes, patient and family experience, and healthcare spending. To accomplish our mission, we: (1) provide awareness of the value and rewards of HBPC to AGS members; (2) support AGS members dedicated to advancing the field of HBPC; and (3) collaborate and discuss HBPC models of care, best practices, and key metrics to measure performance and quality of care.

**6:00 - 7:00 PM EASTERN****HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION**

Track: Networking

Chair: Lyn Weinberg, MD

The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the potential for large cost savings.

**6:00 - 7:00 PM EASTERN****JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP BUSINESS MEETING**

Track: Networking

Chair: Snigdha Jain, MD

The Junior Faculty Research Career Development Special Interest Group is for junior faculty members and research fellows pursuing careers in aging-related research. Topics will include annual updates on funding opportunities and SIG activities, planning future AGS meeting symposia, and election of new SIG leaders.

**6:00 - 7:00 PM EASTERN****VETERANS HEALTH ADMINISTRATION**

Track: Networking

Chair: Cynthia Johnson

This SIG offers an opportunity to discuss in an open forum announcements and key issues related to geriatrics, extended care clinical programs, and research and education initiatives. All VHA staff attending the AGS Annual Scientific Meeting, and all other interested meeting attendees, are invited to participate.