

# AMERICAN GERIATRICS SOCIETY 2026 VIRTUAL ANNUAL SCIENTIFIC MEETING

**SATURDAY, MAY 2, 2026**

## CONCURRENT SESSIONS

**10:00 AM - 11:00 AM EASTERN**

### **WOUND CARE UPDATES: RECLAIMING A LOST GERIATRIC SYNDROME**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Clinical Practice and Models of Care Committee & the Dementia Care and Caregiver Support Special Interest Group*

Moderator: Sarwat Jabeen, MD, CWS, FAAFP, AGSF

Significant deficiencies exist in wound care education for geriatric healthcare professionals. Numerous healthcare professionals express a deficiency in both knowledge and confidence when addressing these concerns, which includes a lack of familiarity with evidence-based wound care practices. Learning Objectives: (1) gain the skill set required to perform accurate wound assessment and staging; (2) recognize and manage skin failure implement palliative care of wound when appropriate; and (3) recognize existing health disparities in wound care and acquire skills to address social determinants of health issues particularly among minority populations.

#### **Incorporating Wound Care Curriculum to Optimize Geriatric Fellowship Training**

Elizabeth F. White-Chu, MD, AGSF, CWSP

#### **Palliative Care for Chronic Wounds**

Jeffrey M. Levine, MD, AGSF

#### **Health Care Disparities in Wound Care Among Geriatric Patients**

Veronica C. Nwagwu, MD, CWSP, AGSF

#### **Interprofessional Team, the Patient and Circle of Care**

Barbara A. Delmore, PhD, RN, CWCN, MAPWCA, IIWCC-NYU, FAAN

**10:00 AM - 11:00 AM EASTERN**

### **DYSPHAGIA IN HOSPITALIZED OLDER ADULTS: CLINICAL CHALLENGES, CULTURAL CONTEXTS, AND THE GERIATRICIAN'S ROLE IN SHAPING SOLUTIONS**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Clinical Practice and Models of Care Committee*

Moderator: Manisha Parulekar, MD

Dysphagia is a common and often complex symptom in hospitalized older adults, particularly when compounded by delirium and dementia. Managing oropharyngeal dysphagia in this context presents unique challenges, as both dysphagia and aspiration risk can severely impact nutritional intake and contribute to malnutrition leading to further complications for the hospitalized older adult. Learning Objectives: (1) recognize the prevalence and unique challenges of oropharyngeal dysphagia in hospitalized older adults, particularly in the context of geriatric syndromes such as delirium and dementia; (2) review the cultural and ethnic considerations involved in navigating discussions around artificial nutrition and feeding preferences; and (3) develop practical skills for managing dysphagia through interdisciplinary collaboration and contribute to the creation or refinement of institutional clinical policies that support person-centered care for older adults.

**Dysphagia in Hospitalized Older Adults with Delirium and Dementia: Prevalence, Practice Gaps, and System-Level Solutions**

Nimit Agarwal, MD, MBA, AGSF

**Feeding with Respect: Cultural and Ethnic Considerations in Hospital Nutrition Decisions for Older Adults**

Ella H. Bowman, MD, PhD, AGSF, FAAHPM, FACP

**The Role of the Geriatrics Consultant in Dysphagia Management: Leading Interdisciplinary Collaboration**

Sandeep R. Pagali, MD, MPH, AGSF

**Medications and Post-Discharge Management of Oropharyngeal Dysphagia: A Continuum of Care**

Manisha Parulekar, MD

**10:00 AM - 11:00 AM EASTERN**

**MEASURING 4MS CARE IN THE INPATIENT SETTING: STRATEGIES AND INSIGHTS FROM THREE HEALTH SYSTEMS**

Track: Models of Care CME/CE: 1.0

*Sponsored by the Research Committee; Health Systems Innovations & Technology Committee; Quality and Performance Measurement Committee (QPMC); and the Clinical Practice and Models of Care (CPMC) Committee*

Co-Moderators: Lauren J. Gleason, MD, MPH, AGSF & Teresa M. Halbert, MS, RN

This workshop will share insights from three diverse health systems that have implemented the 4Ms (What Matters, Medication, Mentation, and Mobility) in the inpatient setting and then worked as part of a collaborative to apply standardized, encounter-based measures of adherence to 4Ms care. Learning Objectives: (1) describe approaches to implementing measures of adherence to 4Ms care using real-world EHR data; (2) identify common challenges and solutions for integrating 4Ms measures into EHR workflows and documentation; (3) identify opportunities to assess and promote equitable care of older adults through standardized 4Ms measurement; and (4) demonstrate how interprofessional collaboration supports successful implementation of 4Ms measurement and assessment of impact on outcomes.

**Designing and Adapting Inpatient 4Ms Measures Using EHR Data**

Julia Adler-Milstein, PhD

**Implementing 4Ms in the VA: Lessons from the Cincinnati VA**

Shivani K. Jindal, MD, MPH

**Scaling Inpatient 4Ms Across a Hospital System: Houston Methodist's Approach**

Kathryn S. Agarwal, MD

**10:00 AM - 11:00 AM EASTERN**

**BRAIN HEALTH IN CONTEXT: BIOLOGY, DIAGNOSIS, AND CARE DELIVERY PAPER SESSION**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Moderator: Camille P. Vaughan, MD, MS, AGSF

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Whose Job Is It Anyway? Adding a Dementia Diagnosis in the Electronic Medical Record**

Karla M. Garcia Ortiz, MD

**Building Cognitive Reserve in Older Adults with Hearing Loss - COCHLEA Study 72-Month Outcomes**

Julia Z. Sarant, PhD, Dip Aud, BSc

**Age-Friendly Health Systems Recognition and Days Spent at Home Among Hospitalized Older Adults with Dementia**

Hiroshi Gotanda, MD, PhD

**Blood Markers of the Renin-Angiotensin System and Brain Volumes in a Longitudinal Study**

Yeonjae Lee, BS

**PLENARY SESSION**

**11:15 AM - 12:45 PM EASTERN**

**GERIATRICS LITERATURE UPDATE: 2026**

Track: Clinical Practice CME/CE: 1.5

Speakers: Rachelle E. Bernacki, MD, MS, AGSF; Ashwin A. Kotwal, MD, MS; Mandi Sehgal, MD; Andrea N.W. Schwartz, MD, MPH

The Geriatrics Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers in Geriatrics and focus on the significance of findings and application to patient care. Learning Objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect the care of older adults; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of high impact papers during the past year.

**CONCURRENT SESSIONS**

**1:00 - 2:00 PM EASTERN**

**ARTIFICIAL INTELLIGENCE IN GERIATRIC PRIMARY CARE: PRACTICAL TOOLS FOR DIAGNOSIS AND CLINICAL EFFICIENCY**

Track: Clinical Practice CME/CE: 1.0

Moderator: Alyson R. Michener, MD

This symposium demonstrates how primary care geriatricians can integrate artificial intelligence (AI) into daily practice to improve diagnostic accuracy and clinical efficiency. Through practical demonstrations and real-world examples, participants will learn actionable strategies for using AI tools to support differential diagnosis, streamline documentation, and reduce administrative burden while maintaining patient-centered care. Learning Objectives: (1) apply AI tools to expand differential diagnoses in complex geriatric presentations; (2) implement AI to streamline clinical documentation and administrative tasks in primary care; and (3) evaluate ethical considerations and limitations of AI use in geriatric practice.

**Think Broadly, Narrow Wisely: Using AI to Enhance Diagnostic Reasoning**

David Hurwitz, MD, MBA

**AI as a Clinical Ally: More Time for What Matters Most in Geriatric Primary Care**

Leah V. Schechter, MD

**1:00 - 2:00 PM EASTERN**

## **AGE FRIENDLY HEALTH SYSTEMS: HOW TO TURN YOUR QUALITY IMPROVEMENT WORK INTO SCHOLARSHIP AND ADVANCE THE SCIENCE OF AGE FRIENDLY**

Track: Research CME/CE: 1.0

Moderator: Elizabeth Eckstrom, MD, MPH

*Sponsored by the Research Committee and the Junior Faculty Special Interest Group*

This symposium will focus on sharing strategies and tools to assist AFHS implementers to train interprofessional teams to practice Age Friendly Care, suggest EHR and workflow tools to facilitate age-friendly adoption, and provide practical strategies to evaluate AFHS work, so that the evidence behind AFHS can be strengthened. Learning Objectives: (1) review the current state of the evidence for how Age Friendly Health Systems improve the health of older adults, including those from under-represented communities, and gain increased familiarity with the Age Friendly Research Network and how to utilize the Network to assist with implementation and evaluation of Age Friendly work; (2) apply tips for using the EHR to improve and sustain your Age Friendly work; (3) build expertise in teaching Age Friendly to interprofessional learners, faculty and staff; and (4) enhance ability to use QI and improvement science methodology to make your Age Friendly efforts more impactful.

### **Age-Friendly Health Systems in Action: A Practical Guide to QI, the 4Ms, and Scholarly Dissemination**

Shivani K. Jindal, MD, MPH

### **Developing Expertise in Education Research: Preparing Interprofessional Teams to Deliver Age Friendly Care**

Andrea N.W. Schwartz, MD, MPH

### **How To Use Implementation Science and QI Evaluation Frameworks to Make Age-Friendly Work Scholarly**

Robert E. Burke, MD, MS

## **1:00 - 2:00 PM EASTERN**

### **2026 UPDATE ON VACCINATION STRATEGIES FOR OLDER ADULTS**

Track: Clinical Practice CME/CE: 1.0

Moderator: Sharon A. Brangman, MD, AGSF

This session is intended to provide the latest information for healthcare professionals on vaccinations for older adults and to share how the AGS's Older Adults Vaccine Initiative has made strides to increase vaccinations. Learning Objectives: (1) review the latest recommendations and guidelines pertaining to vaccination indications and schedules for older patients (2) discuss strategies included in the Vaccine manuscript to actively promote the CDC's Standards of Adult Immunization Practices (SAIP); and (3) describe approaches to improve vaccination rates among older adults.

#### **Welcome & Introductions**

Sharon A. Brangman, MD, AGSF

#### **Latest Vaccine Guidance from the CDC and Vaccine Policy**

Kenneth Schmader, MD

#### **Findings from the AGS Older Adults Vaccine Initiative Manuscript**

Timothy W. Farrell, MD, AGSF

## **1:00 – 2:00 PM EASTERN**

### **GERIATRIC EDUCATION MATERIALS AND METHODS SWAP III**

Track: Education CME/CE: 1.0

*Sponsored by the Teachers Section and the Education Committee*

Moderator: Mariah Robertson, MD, MPH

This session presents a forum for teachers of geriatric education to share topics and materials of common

interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

**Building an Age-Friendly Workforce: Geriatric 4M's Bootcamp**

Natalie Barrett, DO

**Geriatric Fellowship with Cardiology Focus: A Strategy for Fellowship Recruitment**

Iva Neupane, MD

**Geriatrics Escape Room in Internal Medicine Residency AM Curriculum Enhancement (GERI-IM.RACE)**

Karthik J. Kota, MD, MPH

**A Novel Fellowship Track to Meet the Needs of an Aging Population with Cognitive Impairment**

Martina Krenzer, MD

**AI-Powered Immersive Encounter with an Animated Avatar Improves IPE Readiness from Static Vignette to Authentic Patient Interaction**

David V. Picella, PhD, NP, CNS, GS-C, CPG

**1:00 - 2:00 PM EASTERN**

**WHO BENEFITS, WHO BREAKS? MEASURING SURGICAL OUTCOMES IN OLDER ADULTS**

**PAPER SESSION**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Moderator: Heidi Klepin, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**I CAN DO Surgical Advance Care Planning: Validation of Patient Nudges for a Multi-Site Randomized Controlled Trial**

Samuel E. O'Brien, MS

**The Impact of Obesity Severity on Short-Term Outcomes after Geriatric Hip Fracture Surgery: A NSQIP Database Analysis**

Abdulganeey Olawin, BS

**Association Between Frailty and Complications in Medicare Beneficiaries Receiving Cataract Surgery**

Meiyi Yu, AB

**Influence of Palliative Care Physician Participation in High-Risk Surgery Board on Goals-of-Care Discussions**

Yuka Shichijo, MD

**CONCURRENT SESSIONS**

**2:15 - 3:15 PM EASTERN**

**DEPRESCRIBING AT THE END OF LIFE**

Track: Clinical Practice CME/CE: 1.0

Presenter: Mary Lynn McPherson, PharmD, PhD

This session will explore practical, patient-centered approaches to deprescribing in frail older adults with limited life expectancy. Learning Objectives: (1) describe the principles of deprescribing in the context of frailty and limited life expectancy at the end of life; (2) identify common medication classes (e.g., antihypertensives, antidepressants, anticoagulants, hypoglycemics) that may be appropriate for deprescribing in patients with limited life expectancy; and (3) apply a structured, individualized approach to evaluating risks and benefits of continuing medications in end-of-life care.

**2:15 - 3:15 PM EASTERN**

**WHAT MATTERS MOST: INTERDISCIPLINARY IMPLEMENTATION PANEL**

Track: Clinical Practice CME/CE: 1.0

*Sponsored by the Home-Based Primary Care Special Interest Group*

Moderator: Emma C. Williams, PharmD, BCGP, CPP

This session will feature interdisciplinary viewpoints (medicine, nursing, pharmacy and social work) on the implementation of one of the 5Ms of geriatric care: What Matters Most. Learning Objectives: (1) describe the “What Matters Most” domain within the 5Ms framework and its significance in delivering goal-concordant care to older adults; (2) identify the varied and complementary roles of physicians/APPs, pharmacists, nurses, and social workers in assessing patients’ goals, values, and priorities; (3) demonstrate strategies for effective interdisciplinary collaboration that support the integration of “What Matters Most” into routine care planning; and (4) apply practical approaches shared by panelists to overcome common barriers in implementing “What Matters Most” conversations in various care settings.

**What Matters Most: Assessing What Matters Most at Physician-APP Primary Care Visit**

Melissa Dattalo, MD, MPH

**What Matters Most: Pharmacist-Led Assessment of Patient Priorities in a Home-Based Primary Care Setting**

Emma C. Williams, PharmD, BCGP, CPP

**What Matters Most: The Nursing Perspective**

Annette L. Meares, DNP, RN

**What Matters Most: The Social Work Perspective**

Carissa Funk-Wojciechowski, MSW, LSW

**2:15 - 3:15 PM EASTERN**

**LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Co-Moderators: Peter M. Abadir, MD & Lee A. Jennings, MD, MSHS

This fast-paced, interactive session will showcase some of the meeting’s best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

**Intersection Navigation and Speed Patterns on Familiar Routes Differentiate Older Drivers with Mild Cognitive Impairment**

Gary Naglie, MD, FRCPC, FCGS, FGSA

**Effectiveness of a Pharmacist-Led Deprescribing Intervention by Cognitive Status**

Rachel Horvat

**Coronary Calcification Score Predicts Twenty-Year Mortality in Older Japanese American Men: The Kuakini Honolulu Heart Program**

Julia Oehlers

**GLP-1 RAs vs Metformin for Dementia Risk in Older Diabetics with Delirium**

Sumi Akter, MD

**Physician Geriatric Training and Days Alive and Spent at Home Among Persons with Dementia**

Hiroshi Gotanda, MD, PhD

**Association Between Number of Guideline-Directed Medical Therapy Prescription Classes and 30-Day Returns to Hospital Among Admissions Aged 75+ with Heart Failure and Chronic Kidney Disease**

Henry J. Nick, BA

**2:15 - 3:15 PM EASTERN**

**FROM LEARNER TO LEADER: ELEVATING GERIATRICS IN HEALTHCARE QUALITY**

Track: Professional Development CME/CE: 1.0

*Sponsored by the Quality and Performance Measurement Committee, Tideswell Special Interest Group, Health Systems Leadership in Geriatrics Special Interest Group, and the Fellows-in-Training Section*

Co-Moderators: Hiroshi Gotanda, MD, PhD & Kathleen M. Breda, MSN, BBA, APN, AGACNP-BC, GRN, ONP-C

This symposium offers a practical and developmental roadmap for clinicians who want to become leaders in healthcare quality within geriatrics. Drawing from real-world examples at three distinct career stages; fellowship, health system leadership, and national strategy, the session will introduce the tools, skills, and partnerships that clinicians can cultivate to contribute meaningfully to quality improvement. Learning Objectives: (1) discuss what foundational knowledge and tools a novice geriatrician needs to enhance quality, especially during training and early career; (2) identify how to build on early quality improvement work to contribute to institutional initiatives and the broader health system; and (3) describe what it means to lead and influence at a national level to improve access, equity, and person-centered outcomes for older adults.

**Finding Your Niche and Building a Career in Geriatric Medicine & Quality**

Rebecca K. Masutani, MD, MHA

**From Geriatrician to Health System Leadership**

Jessica L. Kalender-Rich, MD, MHA, AGSF, CMD

**The Role of Geriatric Leadership in National Policy and Measurement**

Caroline S. Blaum, MD, MS

**2:15 - 3:15 PM EASTERN**

**HEALTH SERVICE & POLICY RESEARCH PAPER SESSION**

Track: Research CME/CE: 1.0

*Sponsored by the Research Committee*

Moderator: Cynthia M. Boyd, MD, MPH

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging

concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

**Using a Standardized EHR Note to Identify Characteristics of Patients Reported for Elder Abuse and Self-Neglect in a National Health System**

Lena K. Makaroun, MD, MS

**Real-World Use of Lecanemab Among US Adults with Alzheimer's Disease**

Ravi Gupta, MD, MSHP

**Practice Patterns among Primary Care Clinicians Caring for People Living with Dementia: Evidence from the National Dementia Workforce Study**

Jilin Tian, MS

**Health Care Contact Days among Older Adults After Emergency Department Visits: A Cross-Sectional Analysis**

Cameron J. Gettel, MD, MHS

## **SPECIAL INTEREST GROUPS**

**3:30 - 4:30 PM EASTERN**

**AGING AND ORAL HEALTH**

Track: Networking

Co-Chairs: Christie M. Hogue, DDS & Nicole Rogus-Pulia, PhD, CCC-SLP

The purpose of this SIG is to provide a forum where issues that impact the oral health of older adults are presented, and where challenges requiring a team approach to coordinate needed treatments can be discussed.

**3:30 - 4:30 PM EASTERN**

**FAMILY PHYSICIANS IN GERIATRICS**

Track: Networking

Chair: Erik J. Lindbloom, MD, MSPH

The mission of this SIG is to discuss and act on issues of concern to family physicians, family medicine fellows, and family medicine residents caring for older adults. We communicate with several of the other family medicine organizations, such as the American Academy of Family Physicians and the Society of Teachers of Family Medicine.

**3:30 - 4:30 PM EASTERN**

**GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS**

Track: Networking

Co-Chairs: Nadia Mujahid, MD & Esteban Garcia Franco, MD

This SIG brings together clinicians and researchers interested in clinical and academic perspective on surgical co-management. We share ideas, promote our work, network, collaborate, and provide a safe environment for clinicians to discuss the complexities and intricacies of co-management from creating a business case to promoting team-based care.

**3:30 - 4:30 PM EASTERN**

**GROUP MEDICAL VISITS (GMV) FOR OLDER ADULTS**

Track: Networking

Chair: Deborah S. Lee, MD

The mission of this SIG is provide a collaborative space for geriatrics clinicians who are conducting group medical visits (GMVs) to deliver effective counseling and care for older adults. Priorities include:

effectively billing for GMVs for financial sustainability, engaging trainees in the design and implementation of GMVs, disseminating successful curricula for adaption by practices/providers lacking geriatrics expertise, using GMVs to reduce social isolation, and exploring the role of GMVs as a community engagement/service tool.

**3:30 - 4:30 PM EASTERN  
HEALTH SYSTEMS LEADERSHIP (HSL) IN GERIATRICS**

Track: Networking

Co-Chairs: Anna Chodos, MD & Ardeshir Hashmi, MD, FACP, AGSF

The mission of the HSL SIG is to explore principles of leadership, management, and systems transformation as they apply to the growing need for geriatrics in health systems and present strategies to accomplish this. Our goals are to educate AGS members about these principles, highlight successful work in HSL, present opportunities for training in HSL, develop workshop leadership challenges, and form a community to help develop new health systems leaders in geriatrics.

**3:30 - 4:30 PM EASTERN  
HEALTHY AGING**

Track: Networking

Co-Chairs: Kady Goldlist, MD & Emily Johnston, MPH, PhD

The mission of this SIG is to promote healthy aging initiatives at AGS; to develop presentations, symposia, and educational materials for AGS members; to encourage research in healthy aging; to act as liaisons with other organizations promoting healthy aging; and to identify and promote ways that AGS members can promote healthy aging among their patients and among populations of people.

**3:30 - 4:30 PM EASTERN  
PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)**

Track: Networking

Chair: Venise Lewis

The Program for All-Inclusive Care of the Elderly (PACE) is a comprehensive, fully integrated model that provides community-based care for nursing home eligible frail elders. We provide information to people who are interested in working with or establishing a PACE organization.

**3:30 - 4:30 PM EASTERN  
SOCIETY FOR GENERAL INTERNAL MEDICINE GERIATRICS (SGIM)**

Track: Networking

Co-Chairs: Judith Vick, MD, MPH and Eva Szymanski, MD

The mission of this SIG is to serve as a source of collaborative activity between AGS and the Society for General Internal Medicine (SGIM). We focus on ways to collaborate on developing workshops for the AGS & SGIM annual meetings, as well as fostering ongoing collaborative efforts and better communication between the two groups.

**3:30 - 4:30 PM EASTERN  
WOUND PREVENTION AND MANAGEMENT**

Track: Networking

Co-Chairs: Veronica C. Nwagwu, MD, CWSP, AGSF & Sarwat Jabeen, MD, CWS, FAAFP, AGSF

This SIG is an interdisciplinary group of healthcare professionals who strive to improve outcomes in skin and wound health for vulnerable older adults by supporting education, research, and quality improvement initiatives. The SIG serves as a platform to discuss educational initiatives at AGS, policy objectives, and updates on budding research.