

FRIDAY, MAY 9, 2025

7:00 AM – 8:00 AM

COFFEE/TEA

Location: Grand and Crystal Ballroom Foyers

7:00 AM – 8:30 AM

NAVIGATING A GERIATRICS ACADEMIC CAREER IN UNCERTAIN TIMES: RESILIENCE, PERSISTENCE, AND THE VALUE OF COMMUNITY

Room: Grand Hall MN

Track: Professional Development No CME/CE

Co-Moderators: Christine Ritchie, MD, MSPH and Louise Walter, MD

Sponsored by the Tideswell Special Interest Group and the Association of Directors of Geriatrics Academic Programs

Planned in collaboration with the Tideswell Scholars Special Interest Group, this workshop is for junior to mid-faculty career geriatricians who are pursuing careers in academic geriatrics with a focus on resilience, persistence, and the value of community in times of uncertainty. Our panelists, all Tideswell Scholars, will offer perspectives on how resilience and persistence have been critical in their academic careers and will speak to the importance of finding your people and the value of building a community. Topics they will touch upon include the importance of being flexible, finding joy, and being persistent. They have a diverse range of career experiences and funding streams and have co-authored an [article](#) in the Journal of the American Geriatrics Society (JAGS) that touches upon some of these same themes. The panel presentation will be followed by roundtables that offer a space for attendees to share their own strategies for maintaining their careers during uncertain times. Learning Objectives: (1) understand the importance of resilience, persistence, and community when building an academic career; (2) meet and learn from peers who are pursuing careers in academics. (3) learn about tools and strategies for maintaining joy during difficult times.

Panelists:

Timothy Farrell, MD, AGSF, 2016-2017 Tideswell Scholar

Liron Sinvani, MD, AGSF, 2018-2020 Tideswell Scholar

Megan Young, MD, 2018-2019, Tideswell Scholar

Maili Young Karris, MD, 2017-2018, Tideswell Scholars

CONCURRENT SESSIONS

7:30 AM – 8:30 AM (this session will also be available on-demand)

UPDATE ON HEART FAILURE: WHAT GERIATRICS PROVIDERS NEEDS TO KNOW

Room: Grand Ballroom

Track: Clinical Practice CME/CE: 1.0

Moderator: Michael W. Rich, MD, AGSF

Heart failure affects more than 10% of adults 75 years of age or older and is a leading cause of hospitalization, impaired quality of life, and mortality. This session will review recent advances in the field of heart failure as they apply to older adults, including pharmacotherapy, implanted devices, and exercise interventions. The session concludes with a discussion of the role of palliative care in the management of older patients with heart failure. Learning objectives: (1) describe the benefits and risks of SGLT2-inhibitors in management of older adults with heart failure; (2) describe the benefits and risks of GLP-1 receptor agonists in management of older adults with heart failure; (3) define the indications for and outcomes associated with cardiac resynchronization therapy and implantable defibrillators in older patients with heart failure; (4) describe the role of exercise and cardiac rehabilitation in the treatment of heart failure in older adults; (5) discuss the utility of palliative care and its place in the trajectory of care of older adults with heart failure.

Sodium-Glucose Cotransporter-2 (SGLT2) Inhibitors

Andrew Zullo, PharmD

Glucagon-like Peptide-1 Receptor Agonists

Parag Goyal, MD

Device Therapy in Older Adults with Heart Failure

Dan Matlock, MD, AGSF

Exercise and Cardiac Rehabilitation

Daniel Forman, MD

Palliative Care

Sarah Goodlin, MD

Panel Discussion and Q & A

7:30 AM – 8:30 AM

NAVIGATING THE CMS GUIDING AN IMPROVED DEMENTIA EXPERIENCE (GUIDE) MODEL: SUCCESSES AND CHALLENGES FROM FOUR HEALTHCARE SYSTEMS

Room: Grand Hall I-J

Track: Models of Care CME/CE: 1.0

Sponsored by the Nurses Section, Quality and Performance Measurement Committee, Clinical Practice and Models of Care Committee, Health Systems Innovation and Technology Committee, Health Systems Leadership SIG, Clinical Research in Dementia SIG, and Dementia Care and Caregiver Support SIG

Moderator: Shari Ling, MD, CMS

This symposium will highlight GUIDE model strengths and weaknesses in the care delivery requirements and evaluation plan and detail the unique experiences of four established sites that implemented GUIDE in July 2024. Learning Objectives: (1) recognize the strengths, weaknesses, and gaps of the new CMS GUIDE demonstration program and evaluation plan; (2) describe the evidence base and core elements of a comprehensive dementia care management program; (3) compare and contrast the real-world experiences and lessons learned from 4 diverse sites in adapting established dementia care management programs to the GUIDE model; (4) identify barriers and facilitators to implementing GUIDE, including resources for implementation support and the role of electronic health record optimization in effective dementia care management; (5) identify strategies to promote health equity and reduce disparities in dementia care access and delivery, including enrolling diverse older persons and their caregivers in dementia care management programs.

Implementing GUIDE in a Rural Academic Health System: Triumphs and Pitfalls

Lee A. Jennings, MD, MSHS

Integrating Serious Illness Care into Primary Care Delivery for Persons with Dementia: CARIÑOS En Su Casa – UT Health San Antonio GUIDE Model

Neela K. Patel, MD, MPH, CMD, FAAFP, AGSF

Implementing GUIDE: A Year of Lessons Learned from Integrated Memory Care

Carolyn Clevenger, DNP

Electronic Health Record (EHR) Facilitation of Patient Enrollment and Dementia Care Management Program in an Urban Health System: The Cedars-Sinai C.A.R.E.S. Program

Zaldy Tan, MD

7:30 AM – 8:30 AM

THE FUTURE OF GERIATRIC MEDICINE IN THE UNITED STATES

Room: Grand Hall L

Track: Research

CME/CE: 1.0

Sponsored by the Junior Faculty Research Career Development SIG

Co-Moderators: Benjamin Seligman, MD, PhD & Sandra Shi, MD, MPH

Geriatric medicine is at a cross-roads: while major policy goals and new discoveries in aging biology promise to transform the field, low recruitment and retention and the marginalization of geriatricians threaten to end it. This session will cover how we got to this point and perspectives on how we can approach our field in a way that embraces our unique expertise. Learning Objectives: (1) identify factors that influence the current state of Geriatric Medicine and underscore its continued importance in caring for older Americans; (2) identify the current gaps and future opportunities for improving Geriatrics health professions education; (3) identify Models of Care used to date and discuss their successes and challenges; (4) identify recent changes in healthcare and propose structures that could reduce burdens to families and healthcare systems that focus on care of older patients.

The Paradoxical Decline of Geriatric Medicine

Jerry H. Gurwitz, MD, AGSF

How We Train the Health Professionals Who Will Care for Us All as We Age: The Future of Teaching Geriatrics

Andrea W. Schwartz, MD, MPH, AGSF

Geriatric Models of Care: Past, Present, and Future

Olivia W. Zachary, MD

7:30 AM – 8:30 AM

GERIATRIC EDUCATION MATERIALS AND METHODS SWAP II

Room: Grand Hall GH

Track: Education

CME/CE: 1.0

Sponsored by the Teachers Section and the Education Committee

Moderator: Chitra Hamilton, MD

This session presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

Education for CNAs Working with Older Adults in SNFs: A Needs Assessment

Alia Abiad, BA

Graduating with Geriatrics Gaps: Medical Students' Performance on a Geriatrics Knowledge Assessment Correlates with Their Attitudes Towards Older Adult Patients

Apoorva Rangan

Bringing to Life "What Matters" - Engaging Patients as Teachers

Lindsey M. Haddock, MD, MAEd

Webinar Series Addressing Dementia Caregiving Subcultures: Bridging Gaps in Traditional Caregiver Education

Audrey Y. Lam, BS

7:30 AM – 8:30 AM

ASSESSING AND ADDRESSING HEARING AND VISION IN INDIVIDUALS WITH COGNITIVE IMPAIRMENT

Room: Grand Hall K

Track: Clinical Practice

CME/CE: 1.0

Sponsored by the Clinical Research in Dementia SIG

Moderator: Esther S. Oh, MD, PhD, AGSF

This hands-on clinical skills workshop will cover two main topic areas by providing: 1) an introduction to hearing and vision impairment in individuals with cognitive impairment and 2) hands-on introduction to the assessment of hearing and vision in individuals with cognitive impairment in a geriatric clinical setting.

Learning Objectives: (1) discuss the importance of screening for hearing and vision among individuals with cognitive impairment; (2) incorporate practical accommodations for individuals with cognitive impairment to address hearing and vision impairments in a clinical setting with an emphasis on reducing existing disparities; (3) conduct hearing and vision screening for individuals with cognitive impairment.

Vision Impairment in Cognitive Impairment: What Is It? Why Does It Matter? What Can We Do?

Kimberly Hreha, EdD, OTR/L

Hearing Loss in Cognitive Impairment: What Is It? Why Does It Matter? What Can We Do?

Carrie Nieman, MD, MPH

Addressing Sensory Loss in Older Adults with Cognitive Impairment

Esther S. Oh, MD, PhD, AGSF

7:30 AM – 8:30 AM

MEETING THE MOMENT: STRATEGIES TO IMPROVE HEALTH AND SUPPORT FOR UNDERSERVED OLDER ADULTS PAPER SESSION

Room: Crystal C

Track: Research

CME/CE: 1.0

Developed by the Research Committee

Moderator: Cathleen Colón-Emeric, MD, MHSc, AGSF

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss how older adults navigate the correctional environment and access healthcare; (2) identify patient-level disparities in access to palliative care; (3) describe an evidence-based method for identifying at-risk caregivers; (4) compare the effectiveness of 2 interventions in facilitating ACP among community-dwelling older Black and White adults.

Geriatric Prisoners and Their Experiences of Aging and Receiving Healthcare

Michelle I. Suh, MD

Accounting for Disparities in the Changing Practice of Older Adult Emergency General Surgery

Cheryl K. Zogg, MD, PhD, MSPH, MHS

Screening for Risk of Elder Abuse by Dementia Caregivers in Healthcare Settings

Bonnie J. Olsen, PhD

Reducing Disparities in the Quality of Palliative Care for Older African Americans through Improved Advance Care Planning: Results of a Multi-Site Comparative Effectiveness Trial

Ramona L. Rhodes, MD, MPH, MSCS, AGSF

SECTIONS

7:30 AM – 8:30 AM

RESIDENTS SECTION

Room: Crystal B

Track: Networking

Organized by resident members of the AGS Resident Activities Subcommittee & Faculty Advisors Maura Brennan, MD, AGSF & Kathryn Denson, MD

All residents and 4th year medical students are encouraged to attend this section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS.

Geriatricians will be present to discuss geriatrics as a career, and opportunities in the field.

PLENARY SESSION

8:45 AM – 9:30 AM (this session will also be available on-demand)

AGS AWARDS CEREMONY

Room: Grand Ballroom

Please join us as we honor and celebrate this year's prestigious award winners.

Edward J. Henderson Student Award

Belinda Tang

Clinical Student Research Award

Gabrielle M. Katz

Scientist-in-Training Research Award

Aastha Relan, MSc

Health in Aging Foundation New Investigator Awards

Lolita S. Nidadavolu, MD, PhD

Rebecca Rodin, MD, MSc

Surbhi Singhal, MD

Nathan Stall, MD, PhD, FRCPC

Outstanding Junior Investigator of the Year Awards

Clark DuMontier, MD, MPH

Outstanding Junior Research Manuscript Award

William Deardorff, MD

Outstanding Junior Clinician Educator of the Year Award

Omar Amir, MD

Outstanding Junior Clinician Education Manuscript Award

Eva P. Szymanski, MD & Jessica X. Zuo, MD

Outstanding Mid-Career Clinician Educator of the Year Award

Renee J. Flores, MD, MHSA

Choosing Wisely Champion Award

Omar Amir, MD

Jeffrey H. Silverstein Memorial Award for Emerging Investigators in the Surgical and Related Medical Specialties Who Are Focused on the Care of Older Adults

Anaïs Rameau, MDCM, MPhil, MS

Arti Hurria Memorial Award for Emerging Investigators in Internal Medicine That Are Focused on the Care of Older Adults

Brienne Miner, MD, MHS

Melisa L. Wong, MD, MAS, AGSF

Clinician of the Year Award

Rebecca Conant, MD

Dennis W. Jahnigen Memorial Award

Christine Bradway, PhD, CRNP, FAAN, AGSF

Nascher/Manning Award

Marie A. Bernard, MD

9:30 AM – 10:15 AM (this session will also be available on-demand)

THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE: "LESS IS MORE" OR "BETTER SAFE THAN SORRY" - HOW TO INDIVIDUALIZE PREVENTIVE CARE IN MEDICALLY COMPLEX OLDER ADULTS

Room: Grand Ballroom

Track: Research

CME/CE: 1.0

Presenter: Nancy L. Schoenborn, MD, MHS

A key cornerstone of geriatric medicine recognizes the heterogeneity within older adults with respect to their health status, health trajectory and their goals, values, and preferences. Given such heterogeneity, an individualized approach to care is necessary and important. Dr. Schoenborn, a geriatrician and researcher, will discuss the importance of individualized preventive care in older adults and highlight the key challenges and opportunities in this area. Specifically, Dr. Schoenborn will review challenges to the framework of individualized care at patient, clinician, and health system levels and discuss decision-making and communication approaches that can help support individualized care. Learning Objectives: (1) describe the importance of individualized preventive care in medically complex older adults; (2) recognize multilevel challenges to implementing and communicating about individualized care; (3) discuss strategies and solutions to support individualized care in medically complex older adults.

CONCURRENT SESSIONS

10:30 AM – 11:30 AM (this session will also be available on-demand)

"OK, BUT WHAT SHOULD I USE INSTEAD?" ALTERNATIVES TO MEDICATIONS ON THE AGS BEERS CRITERIA®.

Room: Grand Ballroom

Track: Clinical Practice

CME/CE: 1.0

Moderator: Todd P. Semla, MS, PharmD

Last updated in 2023, the AGS Beers Criteria® remain one of the most frequently cited reference tools in geriatrics, detailing certain types of medications which may be inappropriate to prescribe to older people who are not receiving end of life care. AGS is now developing an accompanying tool to help health care providers find appropriate alternatives to those drugs. AGS convened a work group of experts across a variety of syndromes and diseases to develop a list of alternative treatments (pharmacologic and non-pharmacologic) to select drugs and conditions listed in the 2023 AGS Beers Criteria®. The presentation will focus on these alternatives, insights from the process of selecting them, and considerations for using these in clinical practice. Learning Objectives: (1) review how the AGS Beers Criteria® Alternatives List was developed; (2) describe selected recommendations and resources from the AGS Beers Criteria® Alternatives for allergy & pruritis; (3) describe selected recommendations and resources from the AGS Beers Criteria® Alternatives for insomnia, anxiety, GERD and nocturia; (4) describe how to best implement the Alternatives List in clinical practice.

Methods and Structure

Michael Steinman, MD

Allergy & Pruritis

Claudene J. George, MD, MS, RPh

Insomnia

Cathy Alessi, MD

GERD & Nocturia

Judith L. Beizer, PharmD, BCGP, FASCP, AGSF

10:30 AM – 11:30 AM

LIFESTYLE APPROACHES FOR THE PREVENTION AND REVERSAL OF FRAILTY

Room: Grand Hall I-J

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Healthy Aging SIG

Moderator: Halina Kusz, MD, FACP, AGSF

This session will review the latest evidence-based lifestyle medicine approaches to frailty prevention and reversal, and how clinicians can help patients to build motivation for behavior change. Learning

Objectives: (1) describe the evidence base and current recommendations for lifestyle approaches for frailty prevention and reversal, including physical activity and mind-body programs, and nutrition; (2) apply knowledge of lifestyle approaches to frailty to clinical cases, selecting appropriate interventions and/or initiating referrals when appropriate; (3) utilize principles of behavior change when counseling a patient on initiating or maintaining lifestyle changes.

Movement-Based Mind-Body Therapies for Frailty

Julia Loewenthal, MD

Coaching Older Adults to Engage in Physical Activity

Sharon L. Kimble, PT, DPT

How Can We Help Our Patients Optimize Their Dietary Patterns to Prevent or Even Reverse Frailty?

Elizabeth Eckstrom, MD, MPH

10:30 AM – 11:30 AM

EMPOWERING AND ALLYING: STRATEGIES AND OPPORTUNITIES FOR SUPPORTING UNDERREPRESENTED IN HEALTHCARE TEAM MEMBERS IN GERIATRIC CARE

Room: Crystal A

Track: Professional Development CME/CE: 1.0

Sponsored by the Ethnogeriatrics Committee and the Achieving Health Equity Among Diverse Older Adults SIG

Moderator: Laura K. Byerly, MD

This symposium will address the professional development and mentorship gap felt by underrepresented in healthcare (URIH) members of the field of geriatrics, including persons of color and persons of ethnic and cultural groups frequently not represented in healthcare. Learning Objectives: (1) describe current barriers and challenges for wellness and career growth for underrepresented geriatrics health care team members; (2) identify opportunities for fostering meaningful career advancement, culture change, and mentorship for underrepresented team members; (3) describe opportunities for inspiring wellness and resilience in the geriatrics field for underrepresented team members.

Broadening the Role of Sponsorship: How to Develop Strategies for Recruiting, Mentoring, And Promoting Underrepresented Team Members

Lisa M. Walke, MD, MSHA, AGSF

Honing Your Intuition: How To Be an Informal Ally to Identify and Support Struggling Underrepresented in Healthcare Professionals

Ella Bowman, MD, PhD, AGSF

Finding Success in Race-Discordant Mentorship: How to Optimize Your Mentorship Skills and Empower Underrepresented Healthcare Professionals

Jasmine Travers, AGPCNP-BC, PhD, MHS, RN

10:30 AM – 11:30 AM

HEALTH SERVICES AND POLICY RESEARCH PAPER SESSION

Room: Grand Hall GH

Track: Research

CME/CE: 1.0

Developed by the Research Committee

Moderator: Joshua Chodosh, MD, MSHS & Daniel Berlowitz, MD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss the incidence of new psychotropic prescriptions at discharge in older adults without chronic neuropsychiatric conditions, comparing those with and without delirium; (2) discuss racial and ethnic differences in end-of-life care among older adults with dementia; (3) review the different phenotypes that exist among older adults as they plan for their support needs; (4) review the association between financial benefits and EOL care.

Delirium Aftermath: Post-Discharge Psychotropic Medication Use in Older Adults

Thiago J. Avelino-Silva, MD, PhD

Racial and Ethnic Differences in End-of-Life Care for Older Adults with Dementia

Hiroshi Gotanda, MD, PhD

Identifying Phenotypes of Older Adults Planning for Alzheimer's Disease Support

Raven Relford

The Relationship Between Financial Benefits Before Death and Receipt of Intensive End-of-Life Treatments

Lena K. Makaroun

10:30 AM – 11:30 AM

CPT CODING: BASIC PRINCIPLES AND PRACTICE

Room: Crystal B

Track: Clinical Practice

CME/CE: 1.0

Speaker: Peter Hollmann, MD

This session will help the attendee become aware of coding that is especially relevant to geriatrics health care professionals. Specific topics that will be addressed include: E/M (office and facility visit codes and Medicare Preventive Medicine codes) and an overview of coding and billing for the geriatrics professional. Learning Objectives: (1) describe basic coding principles; (2) discuss key Medicare payment rules; (3) interpret how to relate these to practice management.

10:30 AM – 11:30 AM

ALZHEIMER'S DIAGNOSTIC MODALITIES

Room: Grand Hall MN

Track: Clinical Practice

CME/CE: 1.0

Facilitators: Jason Karlawish, MD & Kyra O'Brien, MD

This interactive workshop will focus on answering your questions about imaging and blood-based diagnostic biomarkers for Alzheimer's and other common causes of dementia. The audience will be led

through discussions of clinical cases highlighting the use and interpretation of imaging (MRI and PET), spinal fluid, and blood biomarkers in the evaluation of Alzheimer's disease (AD) and related causes of dementia. The audience will review imaging and blood biomarker findings and vote on their interpretation. Learning Objectives: (1) review biomarker studies and discuss their usage in the diagnosis of AD, vascular cognitive impairment, Lewy body disease, and Limbic-Predominant Age-Related TDP-43 Encephalopathy (LATE); and (2) assess the utility of blood-based biomarkers in evaluating for early-stage AD.

10:30 AM – 11:30 AM

JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP MEETING

Room: Crystal C

Track: Networking

Chair: Thomas K.M. Cudjoe, MD, MPH, MA

The Junior Faculty Research Career Development Meeting is a great opportunity for junior faculty and research fellows to meet each other and to receive advice on career development from mid-career and senior faculty. This year will have a presentation by C. Barrett Bowling, MD, MSPH, the 2024 Yoshikawa Awardee for Outstanding Scientific Achievement in Clinical Investigation. This talk will be followed by a panel Q & A about career development and research funding

PLENARY SESSION

11:45 – 12:30 PM (this session will also be available on-demand)

PUBLIC POLICY PLENARY

Room: Grand Ballroom

Track: Public Policy CME/CE: 1.0

Moderator: Paul L. Mulhausen, MD, AGSF

This session will provide an update on the status of the Title VII Geriatrics Health Professions programs (Geriatrics Workforce Enhancement Program and Geriatrics Academic Career Awards) and AGS's ongoing efforts to amplify and support these critical programs across the country. The session will also cover and update on AGS' policy priorities to support a payment system that values geriatrics primary care; promote a whole person orientation to quality measurement and prioritize aging research. Learning Objectives: (1) describe the current status of Title VII Geriatrics Health Professions programs; (2) review AGS' ongoing work to advance truly value-based care; and (3) discuss the current state of aging research.

Update on Title VII Geriatrics Health Professions programs (Geriatrics Workforce Enhancement Program and Geriatrics Academic Career Awards)

Paul L. Mulhausen, MD, AGSF

Presentation of the David H. Solomon Memorial Public Service Award to Congresswoman Jan Schakowsky

AGS Policy Highlights

William Hung, MD, MPH & Audrey K. Chun, MD, MPH, AGSF

12:00 PM – 4:00 PM

EXHIBIT HALL OPEN

Room: Riverside Center

12:30 PM – 1:30 PM

POSTER SESSION C

Room: Riverside Center

Track: Research

View the most current research in geriatrics. Authors will be available to discuss their findings and answer questions.

12:30 PM – 1:30 PM

WOMEN IN GERIATRICS SECTION MEETING

Room: Crystal B

Track: Networking

Co-Chairs: Lisa N. Miura, MD & Lee Jennings, MD, MSHS

This Section is intended for AGS members of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives. This year's topic: Navigating Success: Mentorship, Coaching, and Advocacy for Women in Geriatrics. Lunch will be served.

Panelists:

Judith L. Beizer, PharmD, BCGP, FASCP, AGSF

Ramona Rhodes, MD, MPH, MSCS, AGSFColleen M. Casey, PhD, ANP-BC, CNS, AGSF

Heather E. Whitson, MD, MHS, AGSF

12:30 PM – 1:30 PM

STUDENT SECTION

Room: Crystal C

Track: Networking

Organized by student members of the AGS Student Leadership Council & Faculty Advisor Lisa Strano-Paul, MD

Join the Student Community for networking and learning about the latest student news. Open to all trainees interested in attending.

12:30 PM – 1:30 PM

JAGS JUNIOR REVIEWER LUNCHEON

Room: Grand Hall MN

Track: Research

CONCURRENT SESSIONS

1:30 PM – 2:30 PM (this session will also be available on-demand)

TACKLING OSTEOPOROSIS TREATMENT IN PRIMARY CARE

Room: Grand Ballroom

Track: Clinical Practice CME/CE: 1.0

Moderator: Sarah Berry, MD, MPH

Learning Objectives: (1) determine who to screen, how to interpret DXA/TBS, and the new "osteoporosis" definition including those with high FRAX and T score -1 to -2.4; (2) review newer treatment options and when to consider them; (3) discuss long-term osteoporosis treatment planning in primary care

DXA Do's and Don'ts – Osteoporosis Screening in Primary Care

Cathleen Colón-Emeric, MD, MHSc, AGSF

Beyond Bisphosphonates

Richard H. Lee, MD, MPH

Sequencing, Suspending, and Stopping

Meredith Gilliam, MD, MPH

1:30 PM – 2:30 PM

GERIATRIC SURGERY: STRATEGIES TO MITIGATE RISK OF POSTSURGICAL ADVERSE OUTCOMES

Room: Grand Hall I-J

Track: Clinical Practice

CME/CE: 1.0

Sponsored by the Cardiovascular Diseases and Aging SIG

Co-Moderators: Shaista Ahmed, MD, MPH & Michael W. Rich, MD

In this session, a multidisciplinary panel of experts in geriatric perioperative medicine will discuss recent advances in the field, with a special emphasis on delirium, nutrition, SDOH, and venous thromboembolism (VTE), with ample time allocated for audience participation and questions. Learning Objectives: (1) recognize early signs of delirium and implement evidence-based interventions to shorten its duration and limit its effect on associated adverse outcomes, including falls, functional decline, and increased length of stay; (2) provide individualized nutritional support can help mitigate complications of malnutrition; (3) assess SDOH to optimize surgical outcomes in at-risk older adults; (4) screen high-risk patients and utilize appropriate measures, including prophylactic anticoagulation and pneumatic compression devices to reduce and prevent postoperative VTE.

Case Presentation

Emma Ludwig, MD

Delirium and Other Neuropsychiatric Disorders in the Perioperative Patient

Esther Oh, MD, PhD

Nutrition Matters: Perioperative Evaluation and Management

Bethany Doerfler, RD

VTE in Older Adults: Prevention and Management in the Perioperative Period

Laurie Jacobs, MD

Disparities in Surgical Outcomes in Older Adults and the Impact of Social Determinants of Health

Kavya P. Sreevalsan, MD

1:30 PM – 2:30 PM

IMPLEMENTING A HARM REDUCTION APPROACH TO THE CARE OF OLDER ADULTS TAKING PRESCRIPTION AND NON-PRESCRIPTION OPIOIDS

Room: Crystal C

Track: Clinical Practice

CME/CE: 1.0

Sponsored by the Alcohol, Tobacco, and Other Drug Use among Older Adults SIG and the Achieving Health Equity Among Diverse Older Adults SIG

Moderator: Benjamin Han, MD, MPH

This is an interactive, interprofessional workshop aiming to demonstrate how to incorporate harm reduction strategies into the care of older adults taking prescription and non-prescription opioids. Learning Objectives: (1) recognize harm reduction as an integral part of geriatrics care; (2) list best practices for prescribing opioids in older adults to maximize harm reduction; (3) prescribe buprenorphine for pain control and harm reduction in older adults; (4) demonstrate the use of intranasal naloxone, fentanyl test strips, and xylazine test strips.

Introduction

Kimberly J. Beiting, MD

Harm Reduction in Geriatrics

Justina Groeger, MD, MPH

Identifying High-Risk Opioid Use in Geriatrics

Justine Landi, MD

Buprenorphine in Geriatrics

Vassiliki Pravodelov, MD, FACP

1:30 PM – 2:30 PM

LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS

Room: Grand Hall L

Track: Research

CME/CE: 1.0

Sponsored by the Research Committee

Co-Moderators: Peter M. Abadir, MD & Lee A. Jennings, MD, MSHS

This fast-paced, interactive session will showcase some of the meeting's best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

The Lonely Road: New Functional Impairment and Post-Discharge Loneliness in Hospitalized Older Adults

Thiago J. Avelino-Silva, MD, PhD

Evaluating the Epic End-of-Life Care Index for Predicting One-Year Mortality in Persons Living with Dementia

Erica L. Frechman, PhD, AGPCNP-BC

A Pragmatic Cluster-Randomized Trial of Oseltamivir vs Baloxavir for Influenza Outbreak Management in U.S. Nursing Homes

H. Edward Davidson, PharmD, MPH

Older Adults with Dementia in Primary Care Found via EHR Algorithm

Christine E. Kistler, MD, MASc

Annual Influenza Vaccination Elicits Broad Antibody Responses to Current and Prior Season Vaccine Strains in Adults Aged 75 and Older

Thomas Laskow, MD

1:30 PM – 2:30 PM

LEADERSHIP CURRICULUM: LEADING IN ORGANIZATIONS

Room: Crystal B

Track: Professional Development

CME/CE: 1.0

Teaching Faculty and Small Group Facilitators: Vanessa Rodriguez, MD; Helen Fernandez, MD, MPH; Greg Pawlson, MD, MPH; Roopali Gupta, MD; Caitlyn Kuwata, MD; Nisha Rughwani, MD; Lesca Hadley, MD, AGSF; Martine Sanon, MD; Segun Apoeso, MD; Rebecca Masutani, MD; Verónica Rivera, MD, AGSF; Laurel Hansen, MD; Fiorella Pérez, MD; Pei Chen, MD

Geriatrics healthcare professionals are being asked to assume a wide variety of leadership positions in both academic and other healthcare organizations, requiring leaders that are highly skilled and adaptive to the increasing speed and number of changes occurring in the healthcare system and beyond. Learning Objectives: (1) describe of the culture the teams you work in, and of those above and below your team in

the organization; (2) discuss how formal and information norms and “rules” are present in organizations and approaches to modifying and changing them over time; (3) review how leadership and followership are closely interdigitated -and the agility in moving from leader to follower within organizations and team; (4) effectively enhance and build on the positive aspects of diversity, inclusivity, equity and accessibility.

1:30 PM – 2:30 PM

TEACHERS NETWORKING SECTION MEETING

Room: Grand Hall K

Track: Networking

Chair: Nina Blachman, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

1:30 PM – 3:00 PM

WRITING AND REVIEWING FOR THE JOURNAL OF THE AGS (JAGS)

Room: Grand Hall MN

CME/CE Credit: 1.5

Track: Research

Co-Moderators: Ellen F. Binder, MD & Alexander K. Smith, MD, MS, MPH

Faculty: Joseph G. Ouslander, MD; Deborah Saliba, MD, MPH; Soo Borson, MD; Elizabeth Cobbs, MD;

Paula A. Rochon, MD, MPH; Peter Abadir, MD; Edward Marcantonio, MD

This workshop is intended for persons who want to submit to, and/or review research articles for the Journal of the American Geriatrics Society (JAGS), including the JAGS Junior Reviewers. Participants will work in small groups, with facilitation by JAGS editorial board members, to review an article on site, using the JAGS review checklist, discuss the findings, and present their conclusions. Learning Objectives: (1) use the JAGS checklist to review an article; (2) decide what recommendation to give about acceptance; (3) review what steps are needed for improving the paper.

CONCURRENT SESSIONS

2:45 PM – 3:45 PM (this session will also be available on-demand)

STATE OF THE SCIENCE: ALZHEIMER'S DISEASE DIAGNOSIS AND THERAPEUTICS IN 2025

Room: Grand Ballroom

Track: Clinical Practice

CME/CE: 1.0

Co-Moderators: Esther S. Oh, MD, PhD & Julie Bynum, MD, MPH

This session will address biomarker and clinical assessments for the diagnosis of AD and will describe the current state of the science on amyloid antibodies. Learning Objectives: (1) utilize clinical and biomarker approaches to diagnosing Alzheimer's Disease (AD); (2) compare and contrast disease-modifying therapies for Alzheimer's Disease.

State of the Science: Clinical and Biomarker Approaches to Diagnosing Alzheimer's Disease

Jason Karlawish, MD

State of the Science: Therapeutics for Alzheimer's Disease

Esther S. Oh, MD, PhD

2:45 PM – 3:45 PM

OPTIMIZING MEDICATION QUALITY TO ADVANCE HEALTH EQUITY

Room: Grand Hall I-J

Track: Ethnogeriatrics CME/CE: 1.0

Sponsored by the Research and Ethnogeriatrics Committees

Moderator: Cynthia Boyd, MD, MPH, AGSF

This session will address two critical issues in the management of older adults: the overprescribing of certain potentially inappropriate medications and the under-prescribing of appropriate medications in historically underserved groups, including racial and ethnic minoritized populations. Learning Objectives: (1) identify disease/medication areas where there are important disparities in under-prescribing of evidence-based medications; (2) identify medication areas where there are important disparities in over-prescribing of inappropriate medications; (3) examine how the social determinants of health, including structural racism, may lead to under- and over-prescribing of medications; (4) identify strategies to effectively communicate medication optimization with minoritized older adults and their care partners.

Achieving Pharmacoequity: A Prescription for Health Justice

Utibe Essien, MD, MPH

Beyond the Prescription: How Social Determinants Drive Inappropriate Medication Use in Vulnerable Communities

Michelle S. Keller, PhD, MPH

Deprescribing Educational and Clinical Intervention for Community-Dwelling Black Adults with Multiple Chronic Conditions in Faith-based Communities

DeLon Canterbury, PharmD

2:45 PM – 3:45 PM

TACKLING PERSISTENT DYSPNEA: EXPERT STRATEGIES FOR OPTIMAL PATIENT CARE IN FRAIL OLDER ADULTS

Room: Crystal A

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Post Acute and Long-Term Care SIG

Moderator: Cari Levy, MD, PhD

This session will delve into the challenges and strategies associated with managing dyspnea among frail older adults. Learning Objectives: (1) enhance participants' knowledge of the pathophysiology and common etiologies of dyspnea in older adults; (2) develop competence in the application of evidence-based guidelines for managing chronic respiratory diseases, heart failure, and deconditioning for geriatric patients; (3) promote interdisciplinary collaboration to provide comprehensive care for complex geriatric patients; (4) address health equity by incorporating strategies that consider diverse patient populations and their unique healthcare needs.

Dyspnea in Post-Acute and Long-Term Care – Overview and Pulmonary Perspective

Matthew Griffith, MD, MPH

The Cardiac Perspective: What, When, and How to Manage Heart Failure-Related Dyspnea

Nicole Orr, MD, FACC

My Patient is Still Short of Breath in Therapy! How to Address Contributing Factors

Jennifer Stevens-Lapsley, PT, PhD, FAPTA

2:45 PM – 3:45 PM

AGS-NIA BENCH TO BEDSIDE CONFERENCE PROCEEDINGS: STRESS TESTS AND BIOMARKERS OF RESILIENCE

Room: Grand Hall L

Track: Research CME/CE: 1.0

Sponsored by the Research Committee

Moderator: Cathleen Colón-Emeric, MD, MHSc, AGSF

The conference provided broad discussion on the definition of resilience signals and the intricate dynamics of biomarkers of resilience across the three domains (Physical, Cognitive, and Psychosocial). Learning Objectives: (1) describe our current understanding of resilience biology and the impact of aging on stress-response systems; (2) list key mediators and moderators of resilience and their impact on biological systems; (3) identify biomarkers and stress tests associated with resilience in older adults.

Resilience Biology and the Impact of Aging on Stress-Response Systems

Marta Garcia-Contreras, MSc, PhD

Mediators and Moderators of Resilience and Their Impact on Biological Systems

Katharine L. Cheung, MD, PhD

Biomarkers and Stress Tests Associated with Resilience in Older Adults

Mfon Effiong Umoh, MD, PhD

2:45 PM – 3:45 PM

THE SCIENCE OF DE-IMPLEMENTING LOW-VALUE HEALTH SERVICES: AN OVERVIEW OF CURRENT RESEARCH AND IMPLICATIONS FOR CLINICAL PRACTICE

Room: Crystal B

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Research Committee, Polypharmacy and Deprescribing SIG

Moderator: Joshua Niznik, PharmD, PhD

This program will provide attendees with an overview of current research examining the use of low-value health services and opportunities for de-implementation in older adults. Learning Objectives: (1) describe the significance of low-value health service use among older adults and the downstream implications for health-related outcomes and costs; (2) identify examples of low-value healthcare services and testing among older adults along with potential contributors to these practices; (3) describe barriers to and facilitators of de-implementing low-value health service use in clinical practice for older adults; (4) design practical and scalable approaches to integrate de-implementation of low-value health services into real-world clinical practice.

De-Implementation: What Is It and Why Is It Important

Thomas R. Radomski, MD, MS

Use and Cost of Low-Value Health Services Among Older Adults

Carolyn T. Thorpe, PhD, MPH

Barriers to and Facilitators of De-implementing Low-Value Health Services in Older Adults

Aimee Pickering, MD, MS

Practical and Scalable Approaches to De-implement Low-Value Health Services in Older Adults

Thomas R. Radomski, MD, MS

2:45 PM – 3:45 PM

CLINICIAN-SCIENTISTS TRANSDISCIPLINARY AGING RESEARCH (CLIN-STAR) PAPER SESSION

Room: Grand Hall GH

Track: Research CME/CE: 1.0

Developed by the Research Committee

Moderator: Thomas N. Robinson, MD

Learning Objectives: (1) describe a model which could accurately identify delirium in the ED using data from the electronic health record; (2) discuss the use of machine learning (ML) techniques to improve

prediction of aspiration through acoustic analysis of pre- and post- swallow phonation; (3) review the effect of BC/WC-GeriOnc training versus enhanced usual care on SDM; (4) compare long-term GC use in LORA by DMARD status.

Phenotypes of Delirium Among Elders in the Emergency Department

Scott M. Dresden, MD, MS

Acoustic Analysis-Based Machine Learning Approaches to Screening for Aspiration Risk in Older Adults with Swallowing Dysfunction

Anaïs Rameau, MD

Cluster Randomized Controlled Pilot Trial of the Best Case/Worst Case-Geriatric Oncology (BC/WC-GeriOnc) Communication Tool: Effects on Shared Decision Making (SDM)

Melisa L. Wong, MD, MAS, AGSF

Association Between In-Hospital Rehabilitation and Days Alive and at Home Following Critical Illness in Older Adults

Snigdha Jain, MD, MHS

POSTER SESSION

2:45 - 3:45 PM

POSTER SESSION D: STUDENTS & RESIDENTS

Room: Riverside Center

Track: Research

Sponsored by the AGS Health in Aging Foundation

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

PLENARY SESSION

4:00 PM - 5:30 PM (this session will also be available on-demand)

REDEFINING WEIGHT WISDOM: PIONEERING APPROACHES TO OBESITY CARE

Room: Grand Ballroom

Track: Clinical Practice CME/CE: 1.5

Moderator: John Batsis, MD, DABOM, FACP, FTOS, FGSA, AGSF

This symposium is intended for interprofessional clinical practitioners to improve their knowledge on obesity assessment and management in older adults. Weight loss in older adults with obesity has been shown to improve function and mobility. It can be challenging to determine in which older adults we should recommend weight loss. Learning Objectives: (1) review how to apply the 5Ms of geriatrics to obesity assessment; (2) discuss the incretin medications in the management of obesity and diabetes in older adults, as well as other risks and benefits; (3) manage obesity in underserved populations.

Applying the 5Ms to Obesity Assessment in Older Adults

Julianna Marwell, MD, DABOM, FACP

Targeting Weight Loss Strategies in Underserved Populations

Anna Pendrey, MD

Perils and Promises of Novel Incretin-Use in Older Adults

Jennifer Shieh, PharmD, CDCES

It's Not all about the Weight Judicious Prescribing of Incretin Mimetics in Older Adults

John Batsis, MD, DABOM, FACP, FTOS, FGSA, AGSF

6:00 PM – 7:00 PM

FUN STATIONS: TEST YOUR SKILLS AND WIN PRIZES!

Room: Crystal B

Track: Networking

Trainees will be testing their knowledge via interactive quiz stations supervised by Geriatric Faculty from various Universities/Medical Centers. Students, residents and fellows will have the opportunity to network and interact with leaders in geriatric education. Questions will address important geriatric topics, such as aging physiology and its effects on disease, dermatological conditions, functional impairment and use of assistive devices. Come learn, have fun, and win prizes in a relaxed setting!

SPECIAL INTEREST GROUPS

6:00 PM – 7:00 PM

ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS

Room: Grand Hall K

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin Han, MD, MPH

The mission of this SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

6:00 PM - 7:00 PM

DEMENTIA CARE AND CAREGIVER SUPPORT

Room: Crystal A

Track: Networking

Chair: Maria D'Souza, MD, MPH

This SIG will provide a forum for AGS members who are dedicated to providing clinical care for individuals living with dementia and support for their caregivers, in order to discuss clinical questions, exchange information and resources, and explore ideas for improving our individual and collective practice, towards advancing optimal dementia care.

6:00 PM - 7:00 PM

ELDER MISTREATMENT

Room: Crystal C

Track: Networking

Co-Chairs: Julia Hiner, MD & Carrie Rubenstein, MD, AGSF

The mission of this SIG is to improve the lives of older adults affected by elder mistreatment through clinical care and prevention, education, research, resource-sharing, and advocacy efforts. Our members include national leaders, health professionals, educators, researchers, and learners-in-training. We strive to spearhead elder mistreatment (including elder abuse, neglect, exploitation) initiatives in our communities, country, and globally, and raise awareness for issues surrounding elder mistreatment, while also serving as a networking group for colleagues.

6:00 PM - 7:00 PM

GERIATRIC EMERGENCY DEPARTMENT

Room: Grand Hall GH

Track: Networking

Chair: Saket Saxena, MD

The Geriatric Emergency Department (GER-ED) Special Interest Group brings together all health professionals interested in improving the care of older adults in Emergency Departments. We review the challenges older adults face in EDs and work on creating collaborative models of care to sustain the development of Geriatric EDs and Age Friendly Initiatives in Emergency Departments. Please join us to explore growing opportunities to advance the care of older adults in Emergency Departments.

6:00 PM - 7:00 PM

HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION

Room: Grand Hall L

Track: Networking

Chair: Lyn Weinberg, MD

The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the potential for large cost savings.

6:00 PM - 7:00 PM

INFORMATION TECHNOLOGY ISSUES

Room: Grand Hall I-J

Track: Networking

Chair: Sean Huang, MD

The mission of the IT Issues SIG is to establish a venue for members with an interest in Information Technology as it applies to geriatrics. We see Electronic Health Records (EHR) as a means for improving medical care by reducing error rates, improving efficiency, augmenting communication, facilitating optimal reimbursement, and decreasing expenses. We seek to provide information, support, and an organized center for coordinating information and resources to optimize the use of EHRs in senior healthcare environments like ambulatory and long-term care healthcare settings.

6:00 - 7:00 PM

INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS

Room: Michigan 2

Track: Networking

Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD

The mission of this SIG is to explore how broad health professional interest in collaboration is changing health education and practice. While geriatrics has long recognized the importance of teams, this has not been a widely recognized focus of health education or practice until recently. Interprofessional education refers to "two or more professionals learn[ing] about, from and with each other to enable effective collaboration and improve health outcomes." All are welcome!

6:00 - 7:00 PM

JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP BUSINESS MEETING

Room: Grand Hall MN

Track: Networking

Co-Chairs: Thomas Cudjoe, MD, MP & Snigdha Jain, MD

The Junior Faculty Research Career Development Special Interest Group is for junior faculty members and research fellows pursuing careers in aging-related research. Topics will include annual updates on funding opportunities and SIG activities, planning future AGS meeting symposia, and election of new SIG leaders.

6:00 PM - 7:00 PM

OSTEOPOROSIS AND METABOLIC BONE DISEASES

Room: Randolph 3

Track: Networking

Co-Chairs: Sarah D. Berry, MD, MPH & Cathleen Colón-Emeric, MD, MHSc, AGSF

The mission of this SIG is to discuss future strategies to promote improved education and care for bone loss in older adults.

6:00 PM - 7:00 PM

PATIENT PRIORITIES ALIGNED CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS

Room: Michigan 3

Track: Networking

Co-Chairs: Claire Davenport, MD, Ardeshir Hashimi, MD, FACP, AGSF, & Jessica Z. Esterson, MD

Older adults with multiple chronic conditions (MCC) receive care that is fragmented, burdensome, and most importantly is not focused on what matters most to them. There is little evidence to guide disease-specific care for people with MCC, who are generally excluded from randomized controlled trials, leading to uncertainty in decision-making for clinicians. Guideline-driven care is not always applicable to older adults with multiple chronic conditions, as it may not accrue the expected benefits and may lead to treatment burden. Most importantly, this care may not be focused on what matters most to persons with MCCs, the health outcomes they prioritize when faced with tradeoffs and the treatments they are willing and able to adhere to. This Special Interest Group aims to identify alternatives to disease guideline-based care, specifically ways to implement patient priorities aligned decision making. Patient priorities aligned decision making calls upon patients and caregivers to articulate their health priorities; communicate those priorities to all team members; patients, caregivers and clinicians then together choose the healthcare best aligned with these health priorities.

6:00 PM – 7:00 PM

POLYPHARMACY

Room: Michigan 1

Track: Networking

Co-Chairs: Joshua D. Niznik, PharmD, PhD & Cara McDermott, PhD, PharmD, MSc

The Polypharmacy SIG is dedicated to issues related to medication use in older adults. Our goal is to facilitate education and discussion on this topic, both within the group and for a wider audience.

6:00 PM – 8:00 PM

JAGS EDITORIAL BOARD MEETING

Track: Governance

Room: Randolph 2

8:00 PM – 9:30 PM

MOVIE NIGHT WITH THE JOHN A. HARTFORD FOUNDATION

Room: Grand Hall L

Join The John A. Hartford Foundation for movie night! *Aging in America: Survive or Thrive*, narrated by Martin Sheen, is a one-hour documentary airing on PBS May 1 that celebrates the promise of increased longevity while addressing crucial and unprecedented public policy challenges. Using Dr. Robert Butler's Pulitzer Prize winning book, *Why Survive?* as a guide, the film explores critical topics such as ageism, healthcare, economic insecurity, and Alzheimer's disease.