

AGS25 ON-DEMAND PROGRAM

Can't join us in Chicago? Register for AGS25 On-Demand

AGS25 On-Demand is intended for attendees who are unable to join us in Chicago. This is NOT a virtual annual meeting and does not replicate the in-person meeting. AGS25 On-Demand only provides access to asynchronous annual meeting video recordings available after the in-person meeting. Sessions are NOT live streamed.

AGS25 On-Demand:

- Access to video recordings of 19 of the top clinically focused sessions from the in-person meeting
 - Learn at your own pace: videos will be available from **May 9 – August 31, 2025**.
 - Earn up to 19.25 CME/MOC/CE credits
 - Please note: sessions will NOT be livestreamed.
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AGE-RELATED HEARING LOSS: A PRIMER ON THE AAO-HNS CLINICAL PRACTICE GUIDELINES

Track: Clinical Practice CME/CE: 1.0

Moderator: Ardeshir Z. Hashmi, MD

This symposium will provide a clinically-oriented primer on how to identify and manage age-related hearing loss in a primary care setting. Learning Objectives: (1) describe the prevalence, consequences, and known disparities related to age-related hearing loss; (2) identify approaches to screening for hearing loss in a clinical setting; (3) discuss the benefits and options for addressing hearing loss with an emphasis on practical, accessible, and affordable options that advance hearing health equity, including communication strategies, assistive technology, and amplification; (4) review the key action statements of the 2024 AAO-HNS Clinical Practice Guidelines on age-related hearing loss.

Age-Related Hearing Loss: What Is It? Why Does It Matter? How Can We Identify It?

Ardeshir Z. Hashmi, MD

Age-Related Hearing Loss: What Do We Do About It? What Can We Do in Geriatrics?

Carrie Nieman, MD, MPH

Age-Related Hearing Loss: What Comes Next? What Is After Hearing Aids?

Heather Weinreich, MD

PLENARY PAPER SESSION

Track: Research CME/CE: .75

Developed by the Research Committee

Moderator: Paul Mulhausen, MD, MHS, FACP, AGSF

This session will present the top three research abstracts based on average score, quality, originality and methodology of research. Learning Objectives: (1) the impact of aging on acute resilience in male C57BL/6J mice; (2) evaluate the association between caregiver distress and nursing home (NH) placement and psychotropic drug prescribing among care recipients living with dementia; (3) review the prevalence of geriatric syndromes in hospitalized older adults and identify factors associated with their occurrence, and evaluate their collective impact on mortality.

Age-Related Declines in Physical Resilience and Mitochondria in C57BL/6J Mice

Saurav Saha, PhD

Family Caregiver Distress, Nursing Home Placement and Psychotropic Drug Prescribing Among Care Recipients Living with Dementia: A Population-Based Propensity-Matched Study in Ontario, Canada

Nathan M. Stall, MD, PhD

Prevalence and Impact of Geriatric Syndromes in Hospitalized Older Adults: Results from the CHANGE Study

Thiago J. Avelino-Silva, MD, PhD

AN UPDATE TO THE AGS POSITION STATEMENT ON THE CARE OF LGBTQI+ OLDER ADULTS

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Ethics Committee

Moderator: Cal Burton, MD

This session will present the recently updated AGS Position Statement on Care of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex, and All Sexual and Gender Minority Older Adults. Learning Objectives: (1) describe the changing landscape and progress made in health systems, policy, and culture since the release of the preceding 2015 Position Statement; (2) summarize the historical lens of unequal treatment in laws and social structures; (3) discuss the gaps and need for training in LGBTQI+ health concerns; (4) identify research areas to better describe and serve older LGBTQI+ adults.

LGBTQI+ History and Education

Carl H. Burton, MD

LGBTQI+ Policy

Rohin A. Aggarwal, MD, MPH

LGBTQI+ Research

Chelsea N. Wong, MD

Conclusions

Angela Primbas, MD

BEST PRACTICES AND UPDATES IN THE MANAGEMENT OF BEHAVIORAL AND PSYCHOLOGICAL SYMPTOMS OF DEMENTIA

Track: Clinical Practice CME/CE: 1.0

Sponsored by the Clinical Practice and Models of Care Committee

Moderator: Nimit Agarwal, MD, MBA, AGSF

Behavioral and Psychological Symptoms of Dementia (BPSD) are a cluster of neuropsychiatric symptoms that can impact functionality and quality of life. More than 90% of all dementia patients are affected by BPSD at some point during their dementia progression. Learning Objectives: (1) identify Behavioral and Psychological Symptoms in Dementia (BPSD) promptly; (2) review best practices, non-pharmacological and pharmacological approaches in the management of BPSD; (3) discuss effective care transition strategies for BPSD, with emphasis on cultural and ethical implications when addressing BPSD; (4) discuss impact of social determinants of health in managing BPSD.

Prompt Identification and Quantification of Behavioral and Psychological Symptoms of Dementia

Sandeep Pagali, MD, MPH, AGSF

Best Practices in the Management of BPSD: Non-Pharmacological, Pharmacological, and Non-Invasive Newer Modalities

Manisha Parulekar, MD, AGSF

Effective Care Transition Strategies and Cultural and Ethical Implications When Addressing BPSD

Ella H. Bowman, MD, PhD, AGSF, FAAHPM, FACP

THE STATE OF DIABETES CARE IN OLDER ADULTS IN 2025

Track: Clinical Practice CME/CE: 1.0

Moderator: Naushira Pandya, MD, CMD

This session will present recommendations to improve diabetes care of older adults from the recently updated American Diabetes Association (ADA) "Standards of Care in Diabetes." Learning Objectives: (1) review the

ADA's current clinical practice recommendations for managing diabetes in older adults; (2) utilize the new ADA Standards of Care in Diabetes in clinical practice; (3) review diabetes technology and how it can be used to extend longevity and how they can be adapted to meet the needs of older adults.

An Overview of New Recommendations to Improve Diabetes Care

Naushira Pandya, MD, CMD, MD

Implementation of the ADA Standards of Care from an AGS Perspective

Sei Lee, MD

The Promise and Barriers of Diabetes Technology

Anna Kahkoska, MD, PhD

MANAGEMENT OF DEPRESSION IN OLDER ADULTS

Track: Clinical Practice CME/CE: 1.0

Moderator: Susan M. Maixner, MD

Learning Objectives: (1) discuss the diagnosis of depression, including depression vs dementia; (2) review the treatment options for depression among older adults; and (3) discuss interventional psychiatry (Ketamine, TMS, ECT, esketamine), when to refer, and what medical clearance is needed.

Assessment of Depression in Older Adults

Susan M. Maixner, MD

Psychopharmacology Treatment in Medically Complex Older Adults

Lauren Gerlach, DO

Update on Interventional Psychiatry

Daniel F. Maixner, MD

HENDERSON STATE-OF-THE-ART LECTURE: COLLABORATING WITH OTHER SPECIALTIES TO INCLUDE CLINICAL TRIAL OUTCOMES IMPORTANT TO OLDER ADULTS

Track: Clinical Practice CME/CE: 1.0

Speaker: Jeff D. Williamson, MD, MHS

Forty-five years ago, Dr Jim Fries published a landmark concept article in the New England Journal of Medicine entitled "Aging, Natural Death, and the Compression of Morbidity." It was controversial to many at the time. Dr. Williamson's primary mentor, Dr. Linda Fried, reviewed this article with him over lunch just a few years after it was published in his first year as a geriatric medicine and gerontology fellow at Johns Hopkins. She recommended he think of it as a framework for his academic career when doing research, teaching, or providing clinical care. The fruit of Drs. Fries's work and Fried's advice culminated, for Dr. Williamson, in the work that he and his colleagues completed as part of the SPRINT and SPRINT MIND clinical trial. This will be the focus of the Henderson Lecture. Learning objectives: (1) explain the role of interdisciplinary collaboration in designing and conducting clinical trials that reflect outcomes meaningful to older adults; (2) analyze the findings and implications of the SPRINT and SPRINT MIND trials, particularly in relation to cognitive and functional outcomes in older populations; (3) integrate geriatric-specific outcomes into clinical trial design and everyday clinical practice to better serve the aging population.

UPDATE ON HEART FAILURE: WHAT GERIATRICS PROVIDERS NEEDS TO KNOW

Track: Clinical Practice CME/CE: 1.0

Moderator: Michael W. Rich, MD, AGSF

Heart failure affects more than 10% of adults 75 years of age or older and is a leading cause of hospitalization, impaired quality of life, and mortality. This session will review recent advances in the field of heart failure as they apply to older adults, including pharmacotherapy, implanted devices, and exercise interventions. The session

concludes with a discussion of the role of palliative care in the management of older patients with heart failure. Learning objectives: (1) describe the benefits and risks of SGLT2-inhibitors and GLP-1 receptor agonists in management of older adults with heart failure; (2) describe the benefits and risks of GLP-1 receptor agonists in management of older adults with heart failure; (3) define the indications for and outcomes associated with cardiac resynchronization therapy and implantable defibrillators in older patients with heart failure; (3) describe the role of exercise and cardiac rehabilitation in the treatment of heart failure in older adults; (4) discuss the utility of palliative care and its place in the trajectory of care of older adults with heart failure.

Sodium-Glucose Cotransporter-2 (SGLT2) Inhibitors

Andrew Zullo, PharmD

Glucagon-like Peptide-1 Receptor Agonists

Parag Goyal, MD

Device Therapy in Older Adults with Heart Failure

Dan Matlock, MD, AGSF

Exercise and Cardiac Rehabilitation

Daniel Forman, MD

Palliative Care

Sarah Goodlin, MD

Panel Discussion and Q & A

THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE: "LESS IS MORE" OR "BETTER SAFE THAN SORRY" - HOW TO INDIVIDUALIZE PREVENTIVE CARE IN MEDICALLY COMPLEX OLDER ADULTS

Track: Research

CME/CE: 1.0

Presenter: Nancy Schoenberg, MD, MHS

A key cornerstone of geriatric medicine recognizes the heterogeneity within older adults with respect to their health status, health trajectory and their goals, values, and preferences. Given such heterogeneity, an individualized approach to care is necessary and important. Dr. Schoenborn, a geriatrician and researcher, will discuss the importance of individualized preventive care in older adults and highlight the key challenges and opportunities in this area. Specifically, Dr. Schoenborn will review challenges to the framework of individualized care at patient, clinician, and health system levels and discuss decision-making and communication approaches that can help support individualized care. Learning Objectives: (1) describe the importance of individualized preventive care in medically complex older adults; (2) recognize multilevel challenges to implementing and communicating about individualized care; (3) discuss strategies and solutions to support individualized care in medically complex older adults

"OK, BUT WHAT SHOULD I USE INSTEAD?" ALTERNATIVES TO MEDICATIONS ON THE AGS BEERS CRITERIA®.

Track: Clinical Practice

CME/CE: 1.0

Moderator: Todd P. Semla, MS, Pharm D

Last updated in 2023, the AGS Beers Criteria® remain one of the most frequently cited reference tools in geriatrics, detailing certain types of medications which may be inappropriate to prescribe to older people who are not receiving end of life care. AGS is now developing an accompanying tool to help health care providers find appropriate alternatives to those drugs. AGS convened a work group of experts across a variety of syndromes and diseases to develop a list of alternative treatments (pharmacologic and non-pharmacologic) to select drugs and conditions listed in the 2023 AGS Beers Criteria®. The presentation will focus on these alternatives, insights from the process of selecting them, and considerations for using these in clinical practice. Learning Objectives: (1) review how the AGS Beers Criteria® Alternatives List was developed; (2) describe selected recommendations and

resources from the AGS Beers Criteria® Alternatives for allergy & pruritis; (3) describe selected recommendations and resources from the AGS Beers Criteria® Alternatives for insomnia, anxiety, GERD and nocturia; (4) describe how to best implement the Alternatives List in clinical practice.

Methods and Structure

Michael Steinman, MD

Allergy & Pruritis

Claudene J. George, MD

Insomnia & Anxiety

Cathy Alessi, MD

GERD & Nocturia

Judith Beizer, PharmD

PUBLIC POLICY PLENARY

Track: Public Policy CME/CE: 1.0

Moderator: Paul L. Mulhausen, MD, AGSF

This session will provide an update on the status of the Title VII Geriatrics Health Professions programs (Geriatrics Workforce Enhancement Program and Geriatrics Academic Career Awards) and AGS's ongoing efforts to amplify and support these critical programs across the country. The session will also cover and update on AGS' policy priorities to support a payment system that values geriatrics primary care; promote a whole person orientation to quality measurement and prioritize aging research. Learning Objectives: (1) describe the current status of Title VII Geriatrics Health Professions programs; (2) review AGS' ongoing work to advance truly value-based care; and (3) discuss the current state of aging research.

Update on Title VII Geriatrics Health Professions programs (Geriatrics Workforce Enhancement Program and Geriatrics Academic Career Awards)

Paul L. Mulhausen, MD, AGSF

Presentation of the David H. Solomon Memorial Public Service Award to Congresswoman Jan Schakowsky

AGS Policy Highlights

William Hung, MD, MPH & Audrey Chun, MD, MPH, AGSF

TACKLING OSTEOPOROSIS TREATMENT IN PRIMARY CARE

Track: Clinical Practice CME/CE: 1.0

Moderator: Sarah Berry, MD, MPH

Learning Objectives: (1) determine who to screen, how to interpret DXA/TBS, and the new "osteoporosis" definition including those with high FRAX and T score -1 to -2.4; (2) review newer treatment options and when to consider them; (3) discuss long-term osteoporosis treatment planning in primary care

DXA Do's and Don'ts – Osteoporosis Screening in Primary Care

Cathleen Colón-Emeric, MD, MHS

Beyond Bisphosphonates

Richard H. Lee, MD, MPH

Sequencing, Suspending, and Stopping

Meredith Gilliam, MD, MPH

STATE OF THE SCIENCE: ALZHEIMER'S DISEASE DIAGNOSIS AND THERAPEUTICS IN 2025

Track: Clinical Practice CME/CE: 1.0

Co-Moderators: Esther S. Oh, MD, PhD & Julie Bynum, MD, MPH

This session will address biomarker and clinical assessments for the diagnosis of AD and will describe the current state of the science on amyloid antibodies. Learning Objectives: (1) utilize clinical and biomarker approaches to diagnosing Alzheimer's Disease (AD); (2) compare and contrast disease-modifying therapies for Alzheimer's Disease.

State of the Science: Clinical and Biomarker Approaches to Diagnosing Alzheimer's Disease

Jason Karlawish, MD

State of the Science: Therapeutics for Alzheimer's Disease

Esther S. Oh, MD, PhD

REDEFINING WEIGHT WISDOM: PIONEERING APPROACHES TO OBESITY CARE

Track: Clinical Practice CME/CE: 1.5

Moderator: John Batsis, MD, DABOM, FACP, FTOS, FGSA, AGSF

This symposium is intended for interprofessional clinical practitioners to improve their knowledge on obesity assessment and management in older adults. Weight loss in older adults with obesity has been shown to improve function and mobility. It can be challenging to determine in which older adults we should recommend weight loss. Learning Objectives: (1) review how to apply the 5Ms of geriatrics to obesity assessment; (2) discuss the incretin medications in the management of obesity and diabetes in older adults, as well as other risks and benefits; (3) manage obesity in underserved populations.

Applying the 5Ms to Obesity Assessment in Older Adults

Julianna Marwell, MD, DABOM, FACP

Targeting Weight Loss Strategies in Underserved Populations

Anna Pendrey, MD

Perils and Promises of Novel Incretin-Use in Older Adults

Jennifer Shieh, PharmD, CDCES

It's Not all about the Weight: Judicious Prescribing of Incretin Mimetics in Older Adults

John Batsis, MD, DABOM, FACP, FTOS, FGSA, AGSF

MANAGING PAIN IN OLDER ADULTS

Track: Clinical Practice CME/CE: 1.0

Moderator: Manney Carrington Reid, MD, PhD

This symposium is designed to provide primary care practitioners with up-to-date, evidence-based information on pain management in older adults, including commonly encountered non-pain symptoms such as fatigue and anorexia. Learning Objectives: (1) review benefits and risks of non-opioid pharmacologic management of chronic pain in older adults; (2) review benefits and risks of opioid pharmacologic management of chronic pain in older adults; and (3) discuss management of non-pain symptoms.

Non-Opioid Pharmacologic Management of Chronic Pain

Christine S. Ritchie, MD, MSPH, AGSF, FAAHPM, FACP

Opioid Pharmacologic Management of Chronic Pain

Manney Carrington Reid, MD, PhD

Nonpharmacologic, Non-Procedural Management of Chronic Pain

Lisa R. LaRowe, PhD

GERIATRICS LITERATURE UPDATE: 2025

Track: Clinical Practice CME/CE: 1.5

Speakers: Kenneth Covinsky, MD, MPH; Eric W. Widera, MD & Alexander K. Smith, MD, MS, MPH

The Geriatric Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers. Discussion includes the significance of findings and application to patient care. Learning Objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect geriatric practice; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of approximately 30 peer-reviewed journals January-December 2024.

TREATING HYPERCHOLESTEROLEMIA IN OLDER ADULTS FOR PRIMARY PREVENTION OF CARDIOVASCULAR EVENTS: A JOINT STATEMENT BY THE AGS AND NATIONAL LIPID ASSOCIATION

Track: Clinical Practice CME/CE: 1.0

Co-Moderators: Ariel Green, MD & Joseph Saseen, PharmD, BCPS, BCACP

This session will present key findings from the joint statement related to the assessment of Atherosclerotic Cardiovascular Disease (ASCVD) risk in adults over age 75 years and the evidence for LDL-C lowering in this population. Learning Objectives: (1) discuss limitations of evidence, alternative risk calculators, and recommendations for older adults incorporating comorbidities, functional status, and cognitive status; (2) review evidence for adverse effects of statin therapies in this population; (3) describe evidence for deprescribing.

AGS & NLA's Recommendations to Manage Hypercholesterolemia in Older Adults without ASCVD

Joseph J. Saseen, PharmD, BCPS, BCACP

Balancing Risks and Benefits and Considering Deprescribing in Older Adults; Applying the Recommendations to Patients

Ariel Green, MD

2025 UPDATE ON VACCINATION STRATEGIES FOR OLDER ADULTS: UNDERSTANDING THE CDC GUIDANCE AND STRATEGIES FROM THE AGS OLDER ADULTS VACCINE INITIATIVE

Track: Clinical Practice CME/CE: 1.0

Co-Moderators: Sharon Brangman, MD & Timothy Farrell, MD

This session is intended to provide the latest information for healthcare professionals on vaccinations for older adults and to share how the AGS' Older Adults Vaccine Initiative is making strides to increase vaccinations.

Learning Objectives: (1) review the latest recommendations and guidelines pertaining to vaccination indications and schedules for older patients (2) discuss strategies to actively promote the CDC's Standards of Adult Immunization Practices (SAIP); (3) describe approaches to improve vaccination rates among older adults.

The AGS Older Adults Vaccine Initiative is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award to the Council of Medical Specialty Societies (CMSS), with 100 percent funded by CDC/HHS. In this initiative, AGS leverages existing resources and ongoing investments in content and technology. Click [here](#) for the press release.

Welcome & Introductions

Sharon Brangman, MD & Timothy Farrell, MD

AGS Older Adults Vaccine Initiative Update

Sharon Brangman, MD & Timothy Farrell, MD

Staying Up to Date and the Latest Vaccine Guidance from the CDC

Kenneth Schmader, MD

Emerging Insights from Health Systems in Improving Vaccination Rates

SUNY Upstate Medical University:
Dona Varghese, MD, FACP

University of Texas Health Science Center at Houston, Texas (UTHealth Houston):
Nuzha A. Amjad, MD & Yen-Chi Le, PhD

Q&A and Discussion

Sharon Brangman, MD & Timothy Farrell, MD

PHARMACOTHERAPY UPDATE: 2025

Track: Education CME/CE: 1.0

Sponsored by the Pharmacists Section

Moderator: Tasha Woodall, PharmD, BCGP, CPP

The purpose of this symposium is to educate the audience and summarize the changes over the past year in pharmacotherapy. In addition, the symposium will cover clinical implications of cannabis use in older adults, covering a review of evidence and patient-specific considerations. Learning Objectives: (1) communicate the indication for use, mechanism of action, pharmacokinetics, dosing, safety, and drug interactions for newly approved medications; (2) compare potential advantages and disadvantages of incorporating new medications into clinical practice; (3) explain the clinical implications of cannabis use in older adults; (4) implement best practices for initiating cannabis therapy, including patient education, dosing strategies, and follow-up care.

Newly Approved Medications and Place in Therapy for Older Adults

Megan Carr, PharmD

Clinical Pearls of Cannabis in Older Adults

Danielle Fixen, PharmD, BCGP